

# Juvenile Justice Realignment Block Grant Annual Plan

**Date:** September 16, 2021

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**County Name:** Placer County

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**Contact Name:** Marshall Hopper

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**Telephone Number:** 530-889-7900

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**E-mail Address:** mhopper@placer.ca.gov

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## Background and Instructions:

Welfare & Institutions Code Section(s) 1990-1995 establish the Juvenile Justice Realignment Block Grant program for the purpose of providing county-based care, custody, and supervision of youth who are realigned from the state Division of Juvenile Justice or who would otherwise be eligible for commitment to the Division of Juvenile Justice prior to its closure.

To be eligible for funding allocations associated with this grant program, counties shall create a subcommittee of the multiagency juvenile justice coordinating council to develop a plan describing the facilities, programs, placements, services, supervision and reentry strategies that are needed to provide appropriate rehabilitative services for realigned youth.

County plans are to be submitted and revised in accordance with WIC 1995, and may be posted, as submitted, to the Office of Youth and Community Restoration website.

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**Part 1: Subcommittee Composition (WIC 1995 (b) )**

List the subcommittee members, agency affiliation where applicable, and contact information:

<b>Agency</b>	<b>Name and Title</b>	<b>Email</b>	<b>Phone Number</b>
Chief Probation Officer (Chair)	Marshall Hopper Chief Probation Officer	Marshall Hopper <mhopper@placer.ca.gov>	530.889.7900
District Attorney's Office Representative	District Attorney	Morgan Gire <mgire@placer.ca.gov>	916.543.8000
Public Defender's Office Representative	Public Defender	Dan Koukol <dkoukol@placerpublicdefender.com>	916.644.1100
Department of Social Services Representative	Director of Health and Human Services	Robert Oldham <roldham@placer.ca.gov>	530.745.3191
Department of Mental Health	Director of Health and Human Services	Robert Oldham <roldham@placer.ca.gov>	530.745.3191
Office of Education Representative	Assistant Superintendent	Susan Connolly <sconnolly@placercoe.k12.ca.us>	530.745.1440
Court Representative	Presiding Judge of Juvenile Court	Colleen Nichols <cnichols@placer.courts.ca.gov>	916.408.6000
Community Member	Juvenile Justice Coordinating Council Chair	Wendi Holland <wendi.holland@live.com>	916.847.4525
Community Member	Executive Director- Latino Leadership Council	Elisa Herrera <elisa@latinoleadershipcouncil.org>	530.333.3283
Community Member	Program Manager Level Up Youth Program- CASA	Jason Allen <jason@casaplacer.org>	530.887.1006
<b>Additional Subcommittee Participants</b>			
Probation	Assistant Chief Probation Officer	Joseph Netemeyer <jnetemey@placer.ca.gov	530.889.7900
Probation	Probation Manager	Melanie Esque <mesque@placer.ca.gov>	916.543.7430
Probation	Probation Manager	Eric Guerena <eguerena@placer.ca.gov>	530.886.4856
Probation	Probation Manager	Mark Eger <meger@placer.ca.gov>	916.780.3236

Community Member	CEO- Community Impact Center	Clay Rojas <clay.rojas@jessup.edu>	916.582.8313
Health & Human Svcs.	Deputy Director HHS	Twylla Abrahamson <tabraham@placer.ca.gov	530.886.5440

**Part 2: Target Population (WIC 1995 (C) (1) )**

Briefly describe the County’s realignment target population supported by the block grant:

The target population supported by the block grant is aimed at youth that were sentenced to the Department of Juvenile Justice prior to July 1, 2021, and all youth that would have been eligible for commitment to the Department of Juvenile Justice following July 1, 2021, for an offense described in subdivision (b) of Section 707 of the Welfare and Institutions Code or an offense described in Section 290.008 of the Penal Code.

This target population can be further broken down into the following age categories:

- Youth up to age 23 adjudicated of an offense listed under Section 707(b) of the Welfare and Institutions Code.
- Youth up to age 25 adjudicated of an offense listed under Section 707(b) of the Welfare and Institutions Code that would result in an aggregate sentence of 7 or more years in adult court.

Since 2018, Placer County Probation Department has served 16 youth eligible for DJJ realignment. All 16 youth were adjudicated on at least one Welfare and Institutions Code Section 707(b) felony offense, including ■ youth for Robbery (211 PC), ■ youth for Murder (187(a) PC), ■ youth for Assault with a Firearm (245(a)(2) PC), ■ youth for Assault with a Deadly Weapon (245(a)(4) PC), ■ youth for Assault with Great Bodily Injury (245(a)(1) PC), ■ youth for Force with Possible GBI (12022.7(a)), ■ youth for Rape (261(a)(2) PC), ■ youth for Witness Intimidation (136.1(a) PC), and ■ youth for Lewd Act with a Minor by Force or Fear (288(B)(1) PC).

Demographics of identified target population, including anticipated numbers of youth served, disaggregated by factors including age, gender, race or ethnicity, and offense/offense history:

Since 2018, Placer County Probation Department has served 16 youth eligible for realignment (2018- █ youth, 2019- █ youth, 2020- █ youth, and 2021- █ youth).

This target population included █, with an average age of 17 years at disposition. The age for the target population at disposition of their DJJ eligible offense was █ (14 year old), █ (15 year olds), █ (16 year olds), █ (17 year olds), and █ (18 year old).

The racial demographics of the target population included █ █ White males, █ Black males, and █ Hispanic males.

Of the target population, █ youth were served locally after disposition, and █ youth were committed to DJJ.

All 16 youth were adjudicated on at least one Welfare and Institutions Code Section 707(b) felony offense, including █ youth for Robbery (211 PC), █ youth for Murder (187(a) PC), █ youth for Assault with a Firearm (245(a)(2) PC), █ youth for Assault with a Deadly Weapon (245(a)(4) PC), █ youth for Assault with Great Bodily Injury (245(a)(1) PC), █ youth for Force with Possible GBI (12022.7(a)), █ youth for Rape (261(a)(2) PC), █ youth for Witness Intimidation (136.1(a) PC), and █ youth for Lewd Act with a Minor by Force or Fear (288(B)(1) PC).

Of the 16 youth in the target population, █ had previously sustained charges involving vandalism, petty theft, and vehicle theft and █ youth had prior law enforcement contact, but no sustained charges prior to the eligible offenses.

Describe any additional relevant information pertaining to identified target population, including programs, placements and/or facilities to which they have been referred.

Between 2018 to present, we have 16 youth that meet the criteria for eligibility for a DJJ commitment and make up our target population. These youth participated in several programs, placements and facilities.

The following is a snapshot of the target population:

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted text block]

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Based on the above information, the following is a description of the programs, placements and facilities these youth participated in while in custody or under field supervision:



## **JDF Programming:**

**Alcoholics Anonymous** - Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to “stay sober and help other alcoholics achieve sobriety.”

**7 Challenges** - A comprehensive counseling program that incorporates interactive journaling and group work to address alcohol and other drug problems. It is designed to motivate clients to evaluate their lives, consider changes they wish to make, and then succeed in implementing the desired changes. This is the same curriculum that is used in Juvenile Family Treatment Court.

**Granite Wellness** - Is an organization developed to provide education services. Their services include prevention and early intervention classes to address substance use issues within the juvenile justice population, reduce challenging behaviors and encourage safe and healthy choices. Furthermore, they provide an MHSA grant program at their outpatient sites - the Student and Family Support Program - that offers individual and group substance use treatment, individual and family counseling and the Parent Project at no cost once youth are released from custody.

**Forward Thinking** -The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings, and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living.

**Positive Behavior Intervention and Support (PBIS)** - Positive Behavioral Interventions and Supports (PBIS) is an evidence-based three-tiered framework for improving and integrating all of data, systems, and practices affecting student outcomes every day. It is a way to support everyone especially students with disabilities – to create the kinds of schools where all students are successful. PBIS isn't a curriculum you purchase or something you learn during a one-day professional development training. It is a commitment to addressing student behavior through systems change. When it's implemented well, students achieve improved social and academic outcomes, schools experience reduced exclusionary discipline practices, and school personnel feel more effective.

**Hip Hop Congress** - The “Urban Arts for Change” program is designed to provide at-risk youth access to the arts through court schools, juvenile hall, residential and foster youth programs. Through this program young participants have the opportunity to explore a variety of written and performance art forms in workshop settings. They are also given platforms to express themselves and share their voices with the community. The program consists of a series of workshops led by local artists, musicians, and community organizers. *Writing & Reciting – Healing Through Written and Spoken Word* and focus on using self-reflective and expressive art forms such as: writing, storytelling, drama, and music to learn positive coping skills and how to connect to one another in positive and meaningful way.

**Healthy Relationships Program** - A comprehensive evidence-based education curriculum that teaches adolescents and young adults how to build healthy romantic relationships, prevent dating violence, and improve impulse control.

**Kid's First/CSOC** - One on ones and groups, utilize the CSEC prevention curriculum 'Word on the Street' to educate, equip, and empower youth and provide them with tools to prevent them from unknowingly becoming victims of commercial sexual exploitation.

**Teaching Pro-Social Skills (TPS)** - Teaching Pro-Social Skills is a ten week cognitive behavioral program to help youth improve social skills and reduce aggressive behavior. The three components of the program are Skill Streaming, Morale Reasoning and Anger Control; utilized to provide structure to youth on how to interact with their peers and others while learning a moral balance and being able to control their anger. Each exercise is stand alone, so youth can enter and exit the program at any time.

**Religious Programming** - Religious instruction is a volunteer facilitated program designed to provide youth with faith-based support while detained in the juvenile facility. Participation in religious services aims to increase group bonding and promote pro-social behaviors. Through spiritual connection and group counseling, religious services aim to reduce the likelihood of crime/deviance and increase moral values and acceptance of social norms.

**Stand Up Placer** - Stand Up Placer is a private, non-profit, community-based organization providing comprehensive services to victims of domestic violence, sexual assault, and human trafficking. Services include 24-hour crisis line, Emergency, and extended Shelter (Safe House) for survivors as well as their children, advocacy and accompaniment, including assistance with temporary restraining orders and custody orders and Individual and group therapeutic and peer counseling.

**ART program** - Art program is a staff facilitated program rooted in the idea that creative expression can foster healing and mental well-being. Art allows youth to either create or view others' art, which in turn, is used to help youth explore emotions, develop self-awareness, cope with stress, boost self-esteem, and work on social skills.

**Animal Therapy** - Animal Therapy is a volunteer facilitated program designed to assist youth in recovery from physical and mental trauma utilizing dogs for comfort, support and enjoyment. The process of animal therapy itself typically involves the animal's handler, who is often the owner, bringing the animal to each session. The handler generally works using the doctor's orders and recommendation to provide the youth a fun and safe healing environment.

**Yoga** - Yoga instruction is a volunteer facilitated program designed to provide youth with the physical and mental wellness derived from yoga. Major benefits of yoga include improved physical strength, balance and flexibility, and pain relief including arthritis. Yoga also supports improved sleeping, increased energy and improved moods and stress management.

**Hygiene** - Hygiene is a continuous weekly program composed of a lecture and activity regarding different aspects of health and wellness. Youth who participate in the program are offered additional hygiene supplies beyond their daily supplies. Topics include smoking, dieting, sleeping and exercise.

**Adolescent Recovery Program (ARP)** - ARP is an eighteen week substance abuse program offered to all youth in custody. The program is divided into 6 levels that focus on acknowledging drug use, understanding the how substance abuse affects your body, finances, and relationships with family and friends, what steps to take to become sober and how to stay sober. Each exercise provides a worksheet in which youth are guided through by Probation

staff. Every third week the program introduces an intervention video. Youth may enter or exit the program at any time as each level can stand alone.

**Mental Health counseling with provider on-site** - Individual mental health counseling is a process through which youth work one-on-one with a trained mental health clinician in a safe, caring, and confidential environment. The Individual counseling sessions are focused on promoting optimum mental and emotional health. Individual counseling sessions may help individuals deal with issues associated with addiction and substance abuse, family, stress management and self-esteem.

### **Field Services Programming:**

**Pathways iCare Court School - iCARE** is a partnership between the Placer County Office of Education and local school districts and provides a program tailored to the student's educational and social-emotional needs. iCARE provides a variety of services and supports to ensure developing academic and social-emotional success.

**Electronic Monitoring** - Is a sentencing alternative available to eligible youth in lieu of incarceration, or as a condition of probation. It provides accountability through knowing their whereabouts at all time. It is an excellent opportunity to complete legal and/or accountability obligations while remaining at home with family, attending school and/or employment.

**Juvenile Resource Fair** - Is a bi-monthly event where several service providers from our community gather together and provide information to the youth and their families. There are a variety of different services that attend this event such as substance abuse treatment related services, individual counseling, family counseling, food bank, etc.

**Juvenile Family Treatment Court (JFTC)** - For adjudicated youth who have substance use issues that are interfering with their rehabilitative efforts and complicating their efforts to successfully terminate from Probation. These youth are presented before the Court on a monthly basis. The design and approach of JFTC is high level integration between The Court, the youth and family, the Juvenile Probation Officer, Mental Health Clinician, Youth Support Coordinator, Family Advocate, and other stakeholders in the youth's life (i.e. other health providers, Wraparound, other system partners like Sierra Native Alliance). In addition to intensive supervision from Probation, the youth participates in Group Rehab and/or Individual Rehab at least twice per week. A monthly parent support group is offered as well as Family Team Meetings for each family as needed.

**WRAPAROUND** - Wraparound is one of Placer County's most intensive level of support services. Wraparound is often used as an alternative to out of home placement. Wraparound differs from many service delivery strategies in that it provides a comprehensive, holistic, youth and family-driven way of responding when children or youth experience serious mental health or behavioral challenges. Wraparound puts the child or youth and family at the center. With support from a team of professionals and natural supports, the family's ideas and perspectives about what they need and what will be helpful drive all of the work in Wraparound. The young person and their family members work with a Wraparound facilitator to build their Wraparound team, which can include the family's friends and people from the wider community, as well as providers of services and supports. With the help of the team, the family and young person take the lead in deciding team vision and goals, and in developing creative and individualized services and supports that will help them achieve the goals and vision. Team members work together to put the plan into action, monitor how well it's working, and change it as needed.

Referrals for Placer County Wraparound are received from Placer County Probation, Child Welfare, the Children's Mental Health Team, and from other system partners.

**Functional Family Therapy (FFT)**- Functional Family Therapy is an evidenced based program that receives referrals for all Placer County families regardless of insurance or referring party. The service is provided by CSOC clinicians and is intended for youth 11-18 years old who are experiencing a major loss of functioning in an area of life and it is thought that family relationships are a part of this. The service is time limited to 12-14 weeks.

**Court Appointed Special Advocates (CASA)** - CASA supporting juvenile justice youth is a specialized extension of the CASA and Youth Mentoring role. It takes the relationship a step further from a traditional CASA role with the amount of time spent and communication between the volunteer and the youth. Contact happens a minimum of one time per week in person, with additional phone/text contact as needed. Volunteers work with the youth to develop a positive and trusting relationship, engage in positive, prosocial activities to help the youth feel connected to their community, and help the youth connect to restorative justice/community service opportunities to help give back to their community. Volunteers can support the youth through their Probation experience, work on life skills, set goals, and ultimately be a consistent/trusted adult in their life.

**Alcoholics Anonymous** - Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to "stay sober and help other alcoholics achieve sobriety."

**Forward Thinking** - The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living.

**Anger Management** – Anger management classes that assist youth in identifying triggers and warning signs to reduce negative outbursts.

**Community Service** - Community service is unpaid work performed by a person or group of people for the benefit and betterment of their community without any form of compensation.

**Sex Offender Treatment** - We currently work with several CASOMB certified treatment providers for both outpatient and custodial youth. The providers provide multisystemic and relapse prevention therapy.

### **Placements/Bootcamps/Facilities:**

#### **Bootcamps -**

Maxine Singer – Primary objectives are to focus on community protection and redirection of maladaptive behavior. The main components of the program are intense behavior programs, education, vocational training, athletics, community involvement and counseling.

Challenge – Primary purpose is to provide secure detention. The program provides activities and guidance to contribute to each minor's social and personal development to

enhance their ability to function acceptably in the community. Programs consist of Family Reunification, Substance Abuse Education, Recreation, Education, Mental Health, Anger Management and Diet & Nutrition.

**Short Term Residential Therapeutic Program (STRTP/group home)** - Residential care for children who require intensive support and cannot be placed in a family-based setting. STRTP's are designed to provide short-term, high quality, intensive therapeutic intervention services. The services provided are designed to stabilize, support and transition children to a lower level of care, consistent with the child's needs and case plan. Children are referred after an evaluation by an Interagency Placement Committee (IPC) which considers Child & Family Team (CFT) recommendations.

**Placer County Juvenile Detention Facility** - The Juvenile Detention Facility (JDF) is a State Mandated, 24-hour, secure detention facility housing male and female youth for their safety and public safety, who are pending court, sentenced, or awaiting placement. The facility also houses youth who have been charged as adults. Programming within the facility includes education, health, mental health, social awareness, and special programs. Programming is designed to enhance safety and security while providing youth opportunities and direction to change their behavior to promote successful transition back into the community and reunification with their families. These programs are taught by contracted providers, volunteers, Placer County Office of Education, and probation staff.

### **Part 3: Programs and Services (WIC 1995 (c)(2) )**

Provide a description of the facilities, programs, placements, services and service providers, supervision, and other responses that will be provided to the target population:

Provide a description of the facilities, programs, placements, services and service providers, supervision, and other responses that will be provided to the target population: Secured Youth Treatment Program (SYTP)

The Placer County Juvenile Detention Facility will provide a SYTP for youth previously eligible for DJJ. This program will be the highest level of secure care we will offer in our facility.

Once a youth has completed the SYTP there are several options the Court can choose.

- The youth can be placed in a step-down program within the JDF, Placer Youth Center.
- Released from custody and continue under Field Supervision within their baseline term.
- Discharge from probation and be released.

The description of the program options are listed below.

### **Secure Youth Treatment Program (SYTP):**

#### Overview

The Secure Youth Treatment Program (SYTP) is dedicated to youth ages 14 and older who are found by the Court to be unsuitable for a less restrictive program and are therefore, ordered to be committed to the Juvenile Detention Facility (JDF).

SYTP is a highly structured, treatment program designed to provide young people tools, through education and services, for positive change and to be healthy, productive members in their community.

The goal is to set each youth up for success on their next journey of either reunifying with their families or living on their own. An Individual Rehabilitation Plan will be developed with each youth and their family. This will include having multiple outside providers come into the JDF to assist the youth in the following: substance use, mental health, employment and vocational skills, cognitive behavioral skills, transition planning, and positive intervention responses.

The amount of time each youth will be in the program will be based on the baseline term ordered by the Court. Each youth will have a review hearing every six months to evaluate their progress in relation to their Individual Rehabilitation Plan.

#### Population

Youth ages 14-25, who have been adjudicated for a 707(b) offense and have been found unsuitable for a less restrictive program by the Court.

#### Housing Assignments

Youth will be housed based on their risk-assessment. Consideration for placement shall be based on offense severity and treatment needs, which will include the safety and protection of youth's different ages, genders, and special needs.

## Introduction

SYTP is designed to provide youth local community resources and tools to ensure they can transition back into the community successfully. Youth will work with a multidisciplinary team of mental and behavioral health, educators, probation officers, medical and other treatment providers to develop an Individual Rehabilitation Plan to ensure they are provided services inside the facility as well as when they transition out of the facility. The court shall approve an individual rehabilitation plan within 30 days of the commitment order.

## Rehabilitation Plan Elements

- Identify Support Team
- Strengths of youth/family
- Goals for youth/family
- Safety Concerns
- Behavior expectations at the JDF
- Programming requirement at the JDF
- Family Reunification and/or Independent Living Goals
- Education Goals
- Career Goals
- Life Skills
- Mental Health Treatment
- Substance Education/Treatment
- Juvenile Services in the Community
- Adult Services in the Community
- Outside Providers and Referrals

## Services and Providers

All youth are provided, but are not limited to, the following services and programs:

### **1. Education**

- Placer County Office of Education (PCOE)-
  - i. Onsite Honour Schaps Court School;
  - ii. Transition Specialist to ensure the youth transition back to their traditional school with the appropriate services and credits BASE Education (social-emotional learning program);
  - iii. School-Connect is a leading high school social emotional learning (SEL) curriculum. The 80-lesson multimedia curriculum is designed to improve high school students' social, emotional, and academic skills and strengthen relationships among students and between students and teachers);
  - iv. Positive Behavior Intervention and Support (PBIS)- An evidenced-based tiered framework designed to improve social, emotional, and academic outcomes for youth by establishing behavior expectations and procedures for encouraging positive behavior and discouraging problem behaviors.

- v. Post-Secondary PCOE- The College Level Examination Program is a group of standardized tests created and administered by the College Board. These tests assess college-level knowledge in thirty-six subject areas and provide a mechanism for earning college credits without taking college courses.
- Secondary Education with Sierra College or other provider - Online classes and support for youth wanting to attend secondary education

## **2. Family Reunification**

- a. WrapAround - A structured decision-making team process to build on family strengths to address issues negatively affecting functioning. Designed to keep kids at home with family rather than in placement. (see further description below)
- b. Functional Family Therapy (FFT) - A curriculum-based therapeutic process offered in the family home by a trained clinician to improve communication between family members. (see further description below)
- c. Parent Participation - Parents are expected to fully participate in all services offered in order to stabilize behavior and support the reunification process while in the program.
- d. Latino Leadership Council- works with Latino families to support them in health, education and youth development areas.



### **3. Transition/Life Skills/Reentry**

- a. Placer County Office Education (PCOE) - Independent Living Skills Program (ILP) – PCOE offers services to transition-aged youth who have been in foster care to support self-sufficiency, personal development, employment readiness, education, housing, and health care.
- b. Placer County Re-Entry Program (PREP) - A facilitator will work with the youth towards the end of their programming period to create an individualized rehabilitation plan to address their criminogenic needs based on their JAIS/CAIS assessment. The facilitator will work with a multidisciplinary team that will include a case service officer and furlough officer. The rehabilitation plan will include housing, employment, education (PCOE) and ensuring the youth has the resources to complete their terms and conditions of probation.
- c. Community Impact Center – Youth will have the opportunity to work with a mentor as they transition from the juvenile hall to the community with a re-entry plan to ensure services are in place and supports for the youth and their families. Mentoring and mental health services will also be available for youth on site using a culturally relevant therapeutic approach. Youth in and out of custody can attend classes while at the Community Impact Center including Love Notes, Mind Matters, and Money Matters. The Center offers 6 weeks of one-on-one mentoring/mental health for each youth.

### **4. Mental Health**

- a. CSOC - The JDF has a fulltime on-site mental health worker that can provide checks-ins for the youth and one on one crisis intervention for youth struggling with mental health needs and providing a trauma informed care group class for youth within the facility. The mental health worker will also provide referrals to the appropriate outside agencies for mental health treatment as they transition back into the community.
- b. Wellpath - A mental health therapist and a psychiatrist meet with the youth weekly as requested by the youth or determined by the onsite medical professional.

### **5. Substance Use**

- a. Granite Wellness - Weekly substance education classes and one on one treatment as directed by the court or appropriate per the assessment for the youth. Teaches how to handle anger, build self-esteem and search for the roots of their decisions to commit crimes. In the event that the youth's parents are monolingual Spanish, we can connect to Latino Leadership Council's Spanish Parent Project classes.
- b. 7 Challenges - A comprehensive counseling program that incorporates interactive journaling and group work to address alcohol and other drug problems. It is designed to motivate clients to evaluate their lives, consider changes they wish to make, and then succeed in implementing the desired changes.
- c. ACTion Team -This program offers different services and resources, including substance use and/or mental health treatment services, to promote health and

wellbeing, and to reduce criminal recidivism for young adults ages 16-32 stay healthy and stable as they develop the skills needed to achieve their goals.

- d. Juvenile Family Treatment Court (JFTC)- For adjudicated youth who have substance use issues that are interfering with their rehabilitative efforts and complicating their efforts to successfully terminate from Probation. These youth are presented before the Court on a monthly basis. The design and approach of JFTC is high level integration between The Court, the youth and family, the Juvenile Probation Officer, Mental Health Clinician, Youth Support Coordinator, Family Advocate, and other stakeholders in the youth's life (i.e. other health providers, Wraparound, other system partners like Sierra Native Alliance). In addition to intensive supervision from Probation, the youth participates in Group Rehab and/or Individual Rehab at least twice per week. A monthly parent support group is offered as well as Family Team Meetings for each family as needed.

## **6. CSEC**

- a. Kid's First/CSOC One on ones and groups - Utilize the CSEC prevention curriculum 'Word on the Street' to educate, equip, and empower youth and provide them with tools to prevent them from unknowingly becoming victims of commercial sexual exploitation.

## **7. Employment/Career Goals**

- a. PCOE – Workability and Transition Partnership Program
- b. Golden Sierra Employment Job Training Agency - 21st Century Certification Work Force Readiness Program for youth no longer enrolled in school; webinars for youth regarding educational tools

## **8. Evidence Based, trauma-informed and culturally responsive weekly programming**

- a. Forward Thinking - A cognitive-behavioral series of journals utilizing evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings, and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living. \*Facilitated by PREP
- b. Teaching Pro-Social Skills (TPS) - Teaching Pro-Social Skills is a ten week cognitive behavioral program to help youth improve social skills and reduce aggressive behavior. The three components of the program are Skill Streaming, Morale Reasoning and Anger Control; utilized to provide structure to youth on how to interact with their peers and others while learning a moral balance and being able to control their anger. Each exercise is stand alone, so youth can enter and exit the program at any time. \*Facilitated by Probation
- c. Sierra Native Alliance - Sierra Native Alliance (SNA) mission is to empower Native youth and families in the Sierra Nevada Foothills. They focus on Community Empowerment, Cross-Cultural Awareness. Intergenerational Sharing, and Activity-based Learning. Amongst many other services and supports, they offer a regionally recognized Substance Use Program - White Bison Program (WBP). White Bison provides culturally responsive outpatient recovery counseling, education and family support services in a continuum of care for participants and their family members.

SNA provides outreach and early intervention, outpatient, intensive outpatient, and recovery support services.

- d. Hip Hop Congress - The “Urban Arts for Change” program is designed to provide at-risk youth access to the arts through court schools, juvenile hall, residential and foster youth programs. Through this program young participants have the opportunity to explore a variety of written and performance art forms in workshop settings. They are also given platforms to express themselves and share their voices with the community. The program consists of a series of workshops led by local artists, musicians and community organizers. Workshops are fashioned after the existing program, *Writing & Reciting~ Healing Through Written and Spoken Word*, and focus on using self-reflective and expressive art forms such as: writing, storytelling, drama and music to learn positive coping skills and how to connect to one another in positive and meaningful ways.
- e. Healthy Relationships - A comprehensive evidence-based education curriculum that teaches adolescents and young adults how to build healthy romantic relationships, prevent dating violence, and improve impulse control.
- f. Alcoholics Anonymous - Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to “stay sober and help other alcoholics achieve sobriety.”
- g. Hygiene - Hygiene is a continuous weekly program composed of a lecture and activity regarding different aspects of health and wellness. Youth who participate in the program are offered additional hygiene supplies beyond their daily supplies. Topics include smoking, dieting, sleeping and exercise. \*Facilitated by Probation
- h. Religious Programming - Religious instruction is a volunteer facilitated program designed to provide youth with faith based support while detained in the juvenile facility. Participation in religious services aims to increase group bonding and promote pro-social behaviors. Through spiritual connection and group counseling, religious services aims to reduce the likelihood of crime/deviance and increase moral values and acceptance of social norms. \*Provided by Placer County Chaplin
- i. Art Program – Art program is a staff facilitated program rooted in the idea that creative expression can foster healing and mental well-being. It allows youth to either create or view others' art, which in turn, is used to help youth explore emotions, develop self-awareness, cope with stress, boost self-esteem, and work on social skills.
- j. Animal Therapy - Animal Therapy is a volunteer facilitated program designed to assist youth in recovery from physical and mental trauma utilizing dogs for comfort, support and enjoyment. The process of animal therapy itself typically involves the animal's handler, who is often the owner, bringing the animal to each session. The handler generally works using the doctor's orders and recommendation to provide the youth a fun and safe healing environment.

## **9. Incentive Program**

Probation and PCOE

- Positive Behavior Intervention and Support (PBIS)- An evidenced-based tiered framework designed to improve social, emotional, and academic outcomes for youth by establishing behavior expectations and procedures for encouraging positive behavior and discouraging problem behavior.

### Incentives

SYTP will utilize Positive Interventions Behavior and Support (PBIS) as an incentive based, behavior modification strategy. Youth will have the ability to earn points throughout the day. The level system is designed to encourage positive and appropriate behavior on a long-term schedule, and to provide positive reinforcement for good behavior on a tiered basis.

After a youth has participated in SYTP, the court can use the in custody less restrictive option (step down) for this target population:

### **Placer Youth Center (PYC): less restrictive option for youth in custody**

#### Overview

The Placer Youth Center (PYC) is a comprehensive and intensive commitment program designed to provide young people tools, through education and services, for positive change and to be healthy, productive members in their community. Each youth will be in a safe, structured, family-like environment surrounded by supportive and committed adults.

The goal is to set each youth up for success on their next journey of either reunifying with their families or living on their own, which will include working substance use, mental health, employment and vocational skills, cognitive behavioral skills, transition planning, and positive intervention responses.

The program will be anywhere from 30 days to the amount of time ordered by the Court. It will assist youth in transitioning back into the community with services they need prior to release. These youth will have the opportunity to focus on career goals including working and/or going to school while participating in community service and field trips offsite.

#### **Field Supervision and Programming:**

A youth can transition to the field with the following services based their needs and risks assessment and a directive from the Court.

Youth transitioning from a secure youth track into the community will be assessed and supervised based on their needs and risk. Supervision could include weekly, bi-weekly or monthly contacts. Case Service Officers and Field Supervision Officers will make referrals to the following programs and services based on the needs of the youth. These officers will start these referrals/programs while the youth is in the secure facility and the programs/services implemented will follow the youth as they transition into the community.

**Juvenile Family Treatment Court (JFTC)** - For adjudicated youth who have substance use issues that are interfering with their rehabilitative efforts and complicating their efforts to successfully terminate from Probation. These youth are presented before the Court on a monthly basis. The design and approach of JFTC is high level integration between The Court, the youth and family, the Juvenile Probation Officer, Mental Health Clinician, Youth Support Coordinator, Family Advocate, and other stakeholders in the youth's life (i.e. other health providers, Wraparound, other system partners like Sierra Native Alliance). In addition to intensive supervision from Probation, the youth participates in Group Rehab and/or Individual Rehab at least twice per week. A monthly parent support group is offered as well as Family Team Meetings for each family as needed.

**PREP** - The Placer Re-Entry Program (PREP) program is available to youth residing in Placer County. The objective of PREP is to provide clients with one-on-one and group-level services to assist with their successful transition into the community. Programs include anger management, cognitive behavior education and Northern California Construction Training (NCCT). Additional services include assistance with obtaining identification, insurance and bus passes as needed.

**ACTION Team** - Is a partnership program with Health & Human Services and the Probation Department to promote community health & safety. The program's target population is those 18-32 years of age having been arrested, charged with, or convicted of a nonviolent, non-serious criminal offense; and who have a history of Mental Health and/or Substance Use Disorder problems that limit one or more of their life functions. Services can include: mental health, substance use disorder treatment, diversion program, housing-related services and other community-based support services.

**Granite Wellness** - Is an organization developed to provide education services. Their services include prevention and early intervention classes to address substance use issues within the juvenile justice population, reduce challenging behaviors and encourage safe and healthy choices. Furthermore, they provide an MHSA grant program at their outpatient sites - the Student and Family Support Program - that offers individual and group substance use treatment, individual and family counseling and the Parent Project at no cost once youth are released from custody.

**Girl's Circle** - Is a weekly group that allows youth (girls) to come together and address any current trauma or issues through arts, crafts and creativity.

**Council for Young Men**- Is a weekly group of youth (boys) who address any current trauma or issues through lived real life experience with the goal of positive change.

**Juvenile Resource Fair** - Is a bi-monthly event where several service providers from our community gather together and provide information to the youth and their families. There are a variety of different services that attend this event such as substance abuse treatment related services, individual counseling, family counseling, food bank, etc.

**Youth Firestarter Program** - The Sacramento Area Juvenile Firesetter Coalition is a regional program dedicated to reduce the number of fire injuries and deaths by providing assistance to the youth who exhibit fire setting behavior. Roseville Fire Department, Rocklin Fire Department and Placer Consolidated Fire District are members of the coalition along with Sacramento area fire departments. The coalition hosts four academies throughout the year. Youth who meet the requirements established through an assessment process are placed into this three evening, seven hour educational academy.

**Tattoo Removal Program** - This program is offered to any individual who has a tattoo that they wish to have removed. This includes gang members who have left the gang and are trying to reintegrate back into society with more prosocial surroundings. Having the tattoos removed can assist in obtaining employment. Placer Co. Probation has partnered with Dr. Emil Tanghetti, Center for Dermatology and Laser Surgery in Sacramento to offer this program where over several visits the tattoo is removed.

**Sierra Native Alliance** - Sierra Native Alliance (SNA) mission is to empower Native youth and families in the Sierra Nevada Foothills. They focus on Community Empowerment, Cross-Cultural Awareness, Intergenerational Sharing, and Activity-based Learning. Amongst many other services and supports, they offer a regionally recognized Substance Use Program - White Bison Program (WBP). White Bison provides culturally responsive outpatient recovery counseling, education and family support services in a continuum of care for participants and their family members. SNA provides outreach and early intervention, outpatient, intensive outpatient, and recovery support services.

**Latino Leadership Council**- The LLC is the only Latino-focused nonprofit in the region with a team of employee promotoros who conduct home visits to assess needs and connect Latinos to a multitude of health, education, culturally sensitive support for families, advocates that assist their families for a variety of services and youth development services. They also sponsor the regions only Spanish speaking Parent Project classes.

**Electronic Monitoring** - A sentencing alternative available to eligible youth in lieu of incarceration, or as a condition of probation. It provides accountability through knowing their whereabouts at all time. It is an excellent opportunity to complete legal and/or accountability obligations while remaining at home with family, attending school and/or employment.

**SCRAM Monitoring** - Continuous Alcohol Monitoring is a bracelet that is worn around the ankle of a client that provides 24/7 alcohol testing.

**Forward Thinking** - The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living.

**WRAPAROUND** - Wraparound is one of Placer County's most intensive level of support services; Wraparound is often used as an alternative to out of home placement. Wraparound differs from many service delivery strategies in that it provides a comprehensive, holistic, youth and family-driven way of responding when children or youth experience serious mental health or behavioral challenges. Wraparound puts the child or youth and family at the center. With support from a team of professionals and natural supports, the family's ideas and perspectives about what they need and what will be helpful drive all of the work in Wraparound. The young

person and their family members work with a Wraparound facilitator to build their Wraparound team, which can include the family's friends and people from the wider community, as well as providers of services and supports. With the help of the team, the family and young person take the lead in deciding team vision and goals, and in developing creative and individualized services and supports that will help them achieve the goals and vision. Team members work together to put the plan into action, monitor how well it's working, and change it as needed. Referrals for Placer County Wraparound are received from Placer County Probation, Child Welfare, the Children's Mental Health Team, and from other system partners.

**FFT - Functional Family Therapy** is an Evidenced Based Practice that receives referrals for all Placer County families regardless of insurance or referring party. The service is provided by CSOC clinicians and is intended for youth 11-18 years old who are experiencing a major loss of functioning in an area of life and it is thought that family relationships are a part of this. The service is time limited to 12-14 weeks.

**Roseville Activity League (RPAL)** - The Roseville Police Activities League's mission is to enrich the lives of Roseville youth by building positive relationships between youth, police officers, and the community through a broad range of accessible and affordable activities.

**Placer Sheriff Activity League (PSAL)** - Placer County Sheriff's Activities League's mission is to unite the Sheriff's Office Personnel, citizens and youth of Placer County in the pursuit and implementation of initiative that will reduce crime, better the lives of area residents and enhance the community through action and collaboration with its partners.

**Pathways/iCare** - **iCARE** is a partnership between the Placer County Office of Education and local school districts and provides a program tailored to the student's educational and social-emotional needs. **iCARE** provides a variety of services and supports to ensure developing academic and social-emotional success.

**YES** - This is a youth empowerment service that matches a youth with a PSS/Peer Support Specialist who has lived experience having received some form of system services (MH, Probation, CWS). The PSS meets with the youth to help the youth establish realistic goals that the youth is uniquely motivated for. The PSS support the youth in making an action plan and following through on steps to achieve their own goals.

**Independent Living Program** - This is a service that is delivered by PCOE. It is for youth who have experienced out of home placement after the age of 15 ½. It links youth with a social worker who helps them develop an action plan around several different needs (finishing school, employment, setting up a bank account, getting an ID or CDL, finding a separate living situation/housing needs, etc.). Many of the services are delivered in a group format and youth are given small incentives for completing tasks or participating in workshops.

**Lighthouse:** - These are Community Resource Centers that are a clearing house for many needs such as: getting signed up for an affordable insurance plan, basic subsidy help with food utility and housing referral services, low level/low intensity mental health counseling.

**Kid's First** - Is a partner with CSOC and Probation for specialized referral coordination of CSEC issues that a youth may be facing.

**Community Service** - Is the unpaid work performed by a person or group of people for the benefit and betterment of their community without any form compensation.

**Sex Offender Treatment** - We currently work with several CASOMB certified treatment providers for both outpatient and custodial youth. The providers provide multisystem and relapse prevention therapy.

**Court Appointed Special Advocates (CASA)** - CASA supporting juvenile justice youth is a specialized extension of the CASA and Youth Mentoring role. It takes the relationship a step further from a traditional CASA role with the amount of time spent and communication between the volunteer and the youth. Contact happens a minimum of one time per week in person, with additional phone/text contact as needed. Volunteers work with the youth to develop a positive and trusting relationship, engage in positive, prosocial activities to help the youth feel connected to their community, and help the youth connect to restorative justice/community service opportunities to help give back to their community. Volunteers can support the youth through their Probation experience, work on life skills, set goals, and ultimately be a consistent/trusted adult in their life.

**Alcoholics Anonymous** - Alcoholics Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to “stay sober and help other alcoholics achieve sobriety.”

**Parent Night** - A presentation developed as part of a State System Improvement Plan to educate parents on the Court process and the expectations of Probation.

## **Placements/Bootcamps**

### **Bootcamps -**

Maxine Singer – Primary objectives are to focus on community protection and redirection of maladaptive behavior. The main components of the program are intense behavior programs, education, vocational training, athletics, community involvement and counseling.

Challenge – Primary purpose is to provide secure detention. The program provides activities and guidance to contribute to each minor’s social and personal development to enhance their ability to function acceptably in the community. Programs consist of Family Reunification, Substance Abuse Education, Recreation, Education, Mental Health, Anger Management and Diet & Nutrition.

### **Short Term Residential Therapeutic Program (STRTP) -**

Residential care for children who require intensive support and cannot be placed in a family-based setting. STRTP’s are designed to provide short-term, high quality, intensive therapeutic intervention services. The services provided are designed to stabilize, support and transition children to a lower level of care, consistent with the child’s needs and case plan. Children are referred after an evaluation by an Interagency Placement Committee (IPC) which considers Child & Family Team (CFT) recommendations.

### **Substance Abuse (The Camp) -**

Designed to foster each individual’s opportunity for transforming the mind, body, and spirit. The social model is utilized, offering strengths-based and personal-centered treatment. Each client is provided with individual therapy, group therapy, family therapy, experiential therapy, and medication management services.



**Placer County Juvenile Detention Facility** - The Juvenile Detention Facility (JDF) is a State Mandated, 24-hour, secure detention facility housing male and female youth for their safety and public safety, who are pending court, sentenced, or awaiting placement. The facility also houses youth who have been charged as adults. Programming within the facility includes education, health, mental health, social awareness, and special programs. Programming is designed to enhance safety and security while providing youth opportunities and direction to change their behavior to promote successful transition back into the community and reunification with their families. These programs are taught by contracted providers, volunteers, Placer County Office of Education, and probation staff.

#### **Part 4: Juvenile Justice Realignment Block Grant Funds (WIC 1995 (3)(a) )**

Describe how the County plans to apply grant funds to address the mental health, sex offender treatment, or related behavioral or trauma-based needs of the target population:

The target population will have the opportunity based on their risks and needs to participate in the following specific programs based on their need:

##### **Mental Health**

- CSOC - The JDF has a fulltime on-site mental health worker that can provide checks-ins for the youth and one on one crisis intervention for youth struggling with mental health needs and providing a trauma informed care group class for youth within the facility. The mental health worker will also provide referrals to the appropriate outside agencies for mental health treatment as they transition back into the community.
- Wellpath - A mental health therapist and a psychiatrist meet with the youth weekly as requested by the youth or determined by the onsite medical professional.
- Community Impact Center- A licensed mental health provider will be providing culturally responsive therapy to youth transitioning from the juvenile hall and in the community.

##### **Sex Offender Treatment**

- We currently work with several CASOMB certified treatment providers for both outpatient and custodial youth. The providers provide multisystem and relapse prevention therapy.

##### **Behavioral/ Trauma Service**

- Placer County Office of Education (PCOE) -
  - Transition Specialist to ensure the youth transition back to their traditional school with the appropriate services and credits BASE Education (social-emotional learning program).
  - BASE Education is a fully online or in-class, CASEL approved and evidence-based, Social Emotional Learning platform. The clinical content is crafted by mental health professionals and educators with more than 25 years of real-world experience. The platform meets the standards and core competencies of MTSS and PBIS.
  - School-Connect is a leading high school social emotional learning (SEL) curriculum. The 80-lesson multimedia curriculum is designed to improve high school students' social, emotional, and academic skills and strengthen relationships among students and between students and teachers.
- Probation and PCOE –
  - Positive Behavioral Interventions and Supports (PBIS) is an evidence-based three-tiered framework for improving and integrating all of the data, systems, and practices affecting student outcomes every day. It is a way to support everyone – especially students with disabilities – to create the kinds of schools where all students are successful. PBIS isn't a curriculum you purchase or something you learn during a one-day professional development training. It is a commitment to addressing student behavior through systems change. When it's implemented well, students achieve

improved social and academic outcomes, schools experience reduced exclusionary discipline practices, and school personnel feel more effective.

- Teaching Pro-Social Skills (TPS) - Teaching Pro-Social Skills is a ten week cognitive behavioral program to help youth improve social skills and reduce aggressive behavior. The three components of the program are Skill Streaming, Morale Reasoning and Anger Control; utilized to provide structure to youth on how to interact with their peers and others while learning a moral balance and being able to control their anger. Each exercise is stand alone, so youth can enter and exit the program at any time. \*Facilitated by Probation.
- Girl's Circle - A weekly group that allows youth (girls) to come together and address any current trauma or issues through arts, crafts and creativity.
- Council for Young Men– A weekly group of youth (boys) who address any current trauma or issues through lived real-life experience with the goal of positive change.
- Juvenile Family Treatment Court (JFTC) - A program for adjudicated youth who have substance use issues that are interfering with their rehabilitative efforts and complicating their efforts to successfully terminate from Probation. These youth are presented before the Court on a monthly basis. The design and approach of JFTC is high level integration between The Court, the youth and family, the Juvenile Probation Officer, Mental Health Clinician, Youth Support Coordinator, Family Advocate, and other stakeholders in the youth's life (i.e. other health providers, Wraparound, other system partners like Sierra Native Alliance). In addition to intensive supervision from Probation, the youth participate in Group Rehab and/or Individual Rehab at least twice per week. A monthly parent support group is offered as well as Family Team Meetings for each family as needed.
- Forward Thinking - The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living.
- ACTion Team - Is a partnership program with Health & Human Services and the Probation Department to promote community health & safety. The program's target population is those 16-32 years of age having been arrested, charged with, or convicted of a nonviolent, non-serious criminal offense; and who have a history of Mental Health and/or Substance Use Disorder problems that limit one or more of their life functions. Services can include: mental health, substance use disorder treatment, diversion program, housing-related services and other community-based support services.
- Youth Firestarter Program - The Sacramento Area Juvenile Firesetter Coalition is a regional program dedicated to reduce the number of fire injuries and deaths by providing assistance to the youth who exhibit fire setting behavior. Roseville Fire Department, Rocklin Fire Department and Placer Consolidated Fire District are members of the coalition along with Sacramento area fire departments. The coalition hosts four academies throughout the year. Youth who meet the requirements established through an assessment process are placed into this three evening, seven hour educational academy.
- Electronic Monitoring – A sentencing alternative available to eligible youth in lieu of incarceration, or as a condition of probation. It provides accountability through knowing their

whereabouts at all time. It is an excellent opportunity to complete legal and/or accountability obligations while remaining at home with family, attending school and/or employment.

- SCRAM Monitoring - Continuous Alcohol Monitoring is a bracelet that is worn around the ankle of a client that provides 24/7 alcohol testing.

Describe how the County plans to apply grant funds to address support programs or services that promote healthy adolescent development for the target population: (WIC 1995 (3) (B) )

The target population will have the opportunity based on their risks and needs to participate in the following specific programs based on their need:

### Healthy Adolescent

- PCOE- Individual Learning Plans for each student and educationally-based counseling services.
- PCOE- Reading with Relevance - Reading with Relevance is a literacy program that guides students and teachers through the process of reading relevant, culturally diverse, socially and emotionally rich literature. By integrating intentional social/emotional development into every lesson, this program creates a generation of learners ready to understand, question, and remake the world around them.
- PREP- group classes teaching Forward Thinking which is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living.
- Granite Wellness- Weekly substance education classes and one on one treatment as directed by the court or appropriate per the assessment for the youth. Teaches how to handle anger, build self-esteem and search for the roots of their decisions to commit crimes.
- CSOC- 7 Challenges- A comprehensive counseling program that incorporates interactive journaling and group work to address alcohol and other drug problems. It is designed to motivate clients to evaluate their lives, consider changes they wish to make, and then succeed in implementing the desired changes.
- Healthy Relationships - A comprehensive evidence-based education curriculum that teaches adolescents and young adults how to build healthy romantic relationships, prevent dating violence, and improve impulse control.
- Hip Hop Congress- Uses music, art, and hip-hop culture to provide a platform for positive and meaningful growth, creativity, and social action.
- Sierra Native Alliance - They focus on Community Empowerment, Cross-Cultural Awareness Intergenerational Sharing, and Activity-based Learning.
- Latino Leadership Council – Youth Promotores at the Latino Leadership Council are bi-lingual bi-cultural brokers who take referrals from various partners and focus on working with Latinx youth to provide supports and opportunities for leadership, which includes 1:1 mentorship, virtual and in-person youth led events, and other mental wellness activities. They address the challenges Latinx youth experience while creating a safe and supportive space. They cover a range of topics, including culture, mental health, wellness, anxiety, depression, relationships, LGBT+, probation, and support the entire family at every step.
- AA - Alcoholic Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to “stay sober and help other alcoholics achieve sobriety.”

- CSEC- KidsFirst one on ones and groups and CSOC utilizing the CSEC prevention curriculum 'Word on the Street' to educate, equip, and empower youth and provide them with tools to prevent them from unknowingly becoming victims of commercial sexual exploitation.
- CASA - CASA supporting juvenile justice youth is a specialized extension of the CASA and Youth Mentoring role. It takes the relationship a step further from a traditional CASA role with the amount of time spent and communication between the volunteer and the youth. Contact happens a minimum of one time per week in person, with additional phone/text contact as needed. Volunteers work with the youth to develop a positive and trusting relationship, engage in positive, prosocial activities to help the youth feel connected to their community, and help the youth connect to restorative justice/community service opportunities to help give back to their community. Volunteers can support the youth through their Probation experience, work on life skills, set goals, and ultimately be a consistent/trusted adult in their life.
- RPAL - The Roseville Police Activities League's mission is to enrich the lives of Roseville youth by building positive relationships between youth, police officers, and the community through a broad range of accessible and affordable activities.
- PSAL - Placer County Sheriff's Activities League's mission is to unite the Sheriff's Office Personnel, citizens and youth of Placer County in the pursuit and implementation of initiative that will reduce crime, better the lives of area residents and enhance the community through action and collaboration with its partners.
- YES - This is a youth empowerment service that matches a youth with a PSS/Peer Support Specialist who has lived experience having received some form of system services (MH, Probation, CWS). The PSS meets with the youth to help the youth establish realistic goals that the youth is uniquely motivated for. The PSS support the youth in making an action plan and following through on steps to achieve their own goals.
- Forward Thinking - The Forward Thinking Journal Series is a cognitive-behavioral series that uses evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living.
- Art Program - Art program is a staff facilitated program rooted in the idea that creative expression can foster healing and mental well-being. It allows youth to either create or view others' art, which in turn, is used to help youth explore emotions, develop self-awareness, cope with stress, boost self-esteem, and work on social skills.
- Animal Therapy – A volunteer facilitated program designed to assist youth in recovery from physical and mental trauma utilizing dogs for comfort, support and enjoyment. The process of animal therapy itself typically involves the animal's handler, who is often the owner, bringing the animal to each session. The handler generally works using the doctor's orders and recommendation to provide the youth a fun and safe healing environment.
- Hygiene - A continuous weekly program composed of a lecture and activity regarding different aspects of health and wellness. Youth who participate in the program are offered additional hygiene supplies beyond their daily supplies. Topics include smoking, dieting, sleeping and exercise. \*Facilitated by Probation

Describe how the County plans to apply grant funds to address family engagement in programs for the target population: (WIC 1995 (3) (C) )

The target population will have the opportunity based on their risks and needs to participate in the following specific programs based on their need:

#### Family Engagement

- Wraparound - One of Placer County's most intensive level of support services; Wraparound is often used as an alternative to out of home placement. Wraparound differs from many service delivery strategies in that it provides a comprehensive, holistic, youth and family-driven way of responding when children or youth experience serious mental health or behavioral challenges. Wraparound puts the child or youth and family at the center. With support from a team of professionals and natural supports, the family's ideas and perspectives about what they need and what will be helpful drive all of the work in Wraparound. The young person and their family members work with a Wraparound facilitator to build their Wraparound team, which can include the family's friends and people from the wider community, as well as providers of services and supports. With the help of the team, the family and young person take the lead in deciding team vision and goals, and in developing creative and individualized services and supports that will help them achieve the goals and vision. Team members work together to put the plan into action, monitor how well it's working, and change it as needed. Referrals for Placer County Wraparound are received from Placer County Probation, Child Welfare, the Children's Mental Health Team, and from other system partners.
- Functional Family Therapy (FFT) - An Evidenced Based Practice that receives referrals for all Placer County families regardless of insurance or referring party. The service is provided by CSOC clinicians and is intended for youth 11-18 years old who are experiencing a major loss of functioning in an area of life and it is thought that family relationships are a part of this. The service is time limited to 12-14 weeks.
- ACTION Team - Is a partnership program with Health & Human Services and the Probation Department to promote community health & safety. The program's target population is those 16-32 years of age having been arrested, charged with, or convicted of a nonviolent, non-

serious criminal offense; and who have a history of Mental Health and/or Substance Use Disorder problems that limit one or more of their life functions. Services can include: mental health, substance use disorder treatment, diversion program, housing-related services and other community-based support services.

- Juvenile Family Treatment Court (JFTC) - For adjudicated youth who have substance use issues that are interfering with their rehabilitative efforts and complicating their efforts to successfully terminate from Probation. These youth are presented before the Court on a monthly basis. The design and approach of JFTC is high level integration between The Court, the youth and family, the Juvenile Probation Officer, Mental Health Clinician, Youth Support Coordinator, Family Advocate, and other stakeholders in the youth's life (i.e. other health providers, Wraparound, other system partners like Sierra Native Alliance). In addition to intensive supervision from Probation, the youth participates in Group Rehab and/or Individual Rehab at least twice per week. A monthly parent support group is offered as well as Family Team Meetings for each family as needed.
- Cal Voices – Family Advocacy (Peer Support Specialists for parents)
- Parent Night - A presentation developed as part of a State System Improvement Plan to educate parents on the Court process and the expectations of Probation.
- School Site Council- A School Site Council (SSC) is group of teachers, parents, administrators, and interested community members who work together to develop and monitor a school's improvement plan.
- Student Support Practitioner – supports and communicates with parents of students transitioning out of the Juvenile Detention facility to ensure re-engagement in the community (school enrollment, employment, etc.)
- Latino Leadership Council- works with Latino families to support them in health, education and youth development areas.



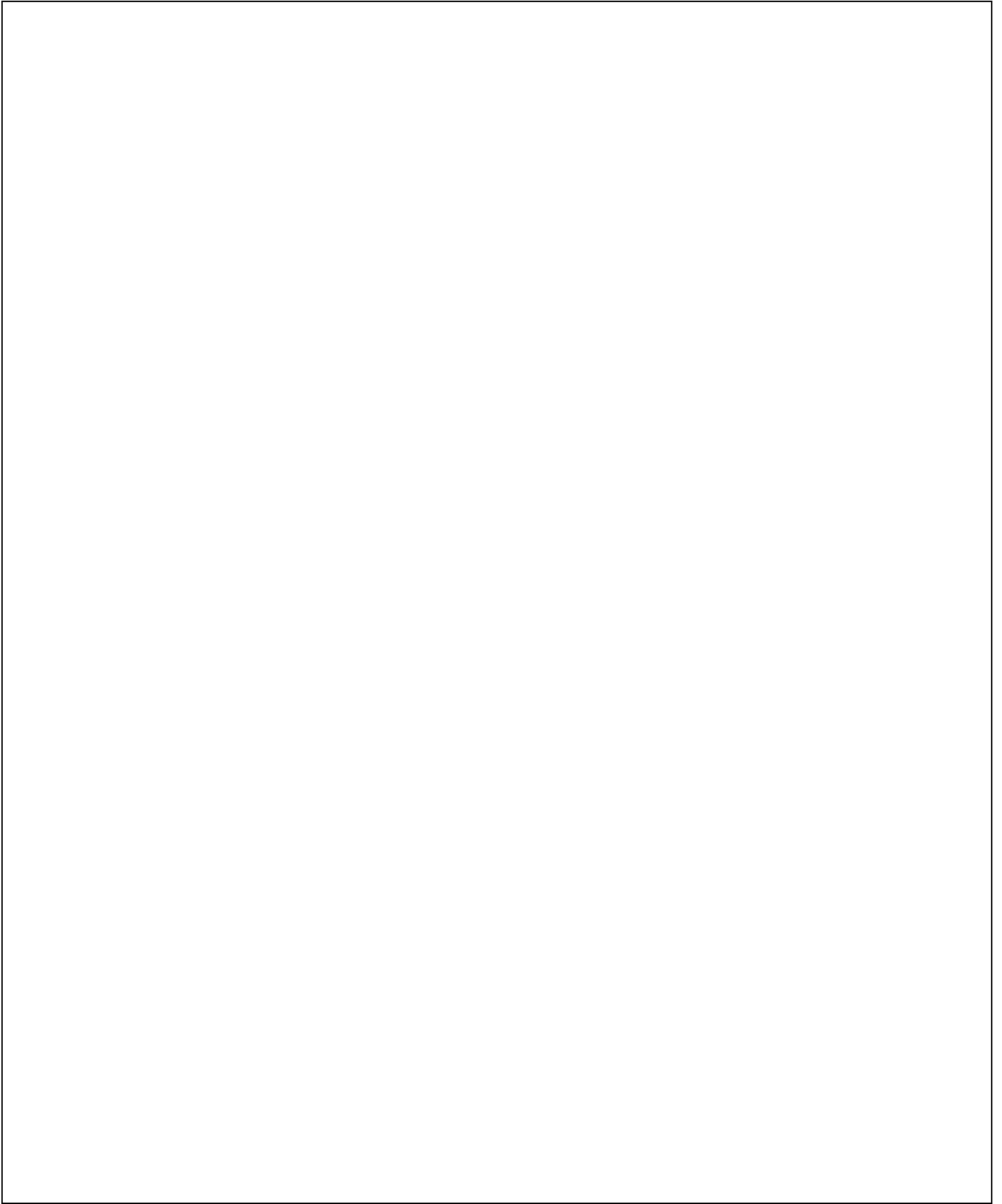
Describe how the County plans to apply grant funds to address reentry, including planning and linkages to support employment, housing and continuing education for the target population: (WIC 1995 (3) (D))

The target population will have the opportunity based on their risks and needs to participate in the following specific programs based on their need:

## Re-entry

- The Placer Re-Entry Program (PREP) will provide services and support to youth in custody and out of custody.
  - PREP's in custody services will include a facilitator for their last part of programming (2-6 months prior to release) that will develop collaborative reentry plans for youth using the JAIS/CAIS assessments and case plans while working with a client service officer and furlough officer. The plan will include supports for housing, employment, education (PCOE) and ensuring the youth has the resources to complete their terms and conditions of probation. PREP will also facilitate an individualized rehabilitation plan to address their criminogenic needs based on their JAIS assessment of the youth. PREP has direct linkages to employment services with Golden Sierra Employment Job Training Agency and transitional housing with AMI Housing.
  - PREP's out of custody program is available to youth residing in Placer County. The objective of the PREP Center is to provide clients with one-on-one and group-level services to assist with their successful transition into the community. Programs include anger management, cognitive behavior education, and Northern California Construction Training (NCCT). Additional services include assistance with obtaining identification, obtaining insurance and bus passes as needed.
  
- Placer County Office of Education (PCOE)
  - Career Technical Education including career exploration coursework
  - Career certifications – CPR and First Aid, Food Handler, Precision Exams
  - Precision Exams certifications help students validate their skills and knowledge in CTE and other elective courses as well as showcase their soft skills with exams like 21st Century Skills and Personal Financial Literacy.
  - Access to the College Level Examination Program (CLEP)
  - CLEP (the College-Level Examination Program) offers 34 exams that cover intro-level college course material. With a passing score on one CLEP exam, students can earn three or more college credits at more than 2,900 U.S. colleges and universities. CLEP was created to help individuals with prior knowledge in a college course subject earn their degree efficiently and inexpensively. That prior learning could have taken place through advanced high school courses, independent reading and study, online courseware or textbooks, noncredit courses, or on-the-job training.
  - Academic counseling to support transition to college and career
  - Cyber High (standards-aligned on-line learning platform with A-G courses)
  - Cyber High creates pathways to success through standards-based, digital curriculum that fosters critical thinking, provides active and collaborative learning opportunities, and engages students in rigorous coursework. Courses are designed to enhance analytical and problem-solving skills, to increase graduation rates, to prepare students for online testing, and to promote college and career readiness. The Cyber High curriculum is widely used for original credit, credit recovery and remediation, acceleration, targeted intervention, and as part of blended learning environments.
  - Pathways iCare Charter School - iCARE is a partnership between the Placer County Office of Education and local school districts and provides a program tailored to the student's educational and social-emotional needs. iCARE provides a variety of services and supports to ensure developing academic and social-emotional success.

- Student Support Practitioner – Supports and communicates with parents of students transitioning out of the Juvenile Detention facility to ensure re-engagement in the community (school enrollment, employment, etc.)
- Golden Sierra Employment Job Training Agency - 21st Century Certification Work Force Readiness Program for youth no longer enrolled in school; webinars for youth regarding educational tools.
- ACTion Team - Is a partnership program with Health & Human Services and the Probation Department to promote community health & safety. The program's target population is those 16-32 years of age having been arrested, charged with, or convicted of a nonviolent, non-serious criminal offense; and who have a history of Mental Health and/or Substance Use Disorder problems that limit one or more of their life functions. Services can include: mental health, substance use disorder treatment, diversion program, housing-related services and other community-based support services.
- Community Impact Center – Youth will have the opportunity to work with a mentor as they transition from the juvenile hall to the community with a re-entry plan to ensure services are in place and supports for the youth and their families. Mentoring and mental health services will also be available for youth on site using a culturally relevant therapeutic approach. Youth in and out of custody can attend classes while at the Community Impact Center including Love Notes, Mind Matters, and Money Matters. The Center offers 6 weeks of one-on-one mentoring/mental health for each youth.



Describe how the County plans to apply grant funds to address evidence-based, promising, trauma-informed and culturally responsive services for the target population: (WIC 1995 (3) (E) )

The target population will have the opportunity based on their risks and needs to participate in the following specific programs based on their need:

Evidence Based, trauma-informed and culturally responsive services

- Forward Thinking - A cognitive-behavioral series of journals utilizing evidence-based strategies to assist youth involved in the criminal justice system in making positive changes to their thoughts, feelings, and behaviors. Applying the information presented in the interactive journals to their own lives helps participants achieve their goal for responsible living. \*Facilitated by PREP
- Teaching Pro-Social Skills (TPS) - Teaching Pro-Social Skills is a ten week cognitive behavioral program to help youth improve social skills and reduce aggressive behavior. The three components of the program are Skill Streaming, Morale Reasoning and Anger Control; utilized to provide structure to youth on how to interact with their peers and others while learning a moral balance and being able to control their anger. Each exercise is stand alone, so youth can enter and exit the program at any time. \*Facilitated by Probation
- Sierra Native Alliance - Focuses on education, relationship and awareness of indigenous cultures and environments.
- Hip Hop Congress - The “Urban Arts for Change” program is designed to provide at-risk youth access to the arts through court schools, juvenile hall, residential and foster youth programs. Through this program young participants have the opportunity to explore a variety of written and performance art forms in workshop settings. They are also given platforms to express themselves and share their voices with the community. The program consists of a series of workshops led by local artists, musicians and community organizers. Workshops are fashioned after the existing program, *Writing & Reciting~ Healing Through Written and Spoken Word*, and focus on using self-reflective and expressive art forms such as: writing, storytelling, drama and music to learn positive coping skills and how to connect to one another in positive and meaningful ways.
- Healthy Relationships - A comprehensive evidence-based education curriculum that teaches adolescents and young adults how to build healthy romantic relationships, prevent dating violence, and improve impulse control.
- Alcoholics Anonymous - Alcoholic Anonymous is an international mutual aid fellowship with the stated purpose of enabling its members to “stay sober and help other alcoholics achieve sobriety.”
- Latino Leadership Council- Assess needs and connect Latinos to a multitude of health, education, culturally sensitive support for families, advocates that assist their families for a variety of services and youth development services.

- CASA - Supporting juvenile justice youth is a specialized extension of the CASA and Youth Mentoring role. It takes the relationship a step further from a traditional CASA role with the amount of time spent and communication between the volunteer and the youth. Contact happens a minimum of one time per week in person, with additional phone/text contact as needed. Volunteers work with the youth to develop a positive and trusting relationship, engage in positive, prosocial activities to help the youth feel connected to their community, and help the youth connect to restorative justice/community service opportunities to help give back to their community. Volunteers can support the youth through their Probation experience, work on life skills, set goals, and ultimately be a consistent/trusted adult in their life.
- CSEC- KidsFirst one on ones and CSOC will utilize the CSEC prevention curriculum 'Word on the Street' to educate, equip, and empower youth and provide them with tools to prevent them from unknowingly becoming victims of commercial sexual exploitation.
- Granite Wellness- Weekly substance education classes and one on one treatment as directed by the court or appropriate per the assessment for the youth. Teaches how to handle anger, build self-esteem and search for the roots of their decisions to commit crimes.
- PCOE: Positive Behavior Intervention and Support (PBIS)- An evidenced-based tiered framework designed to improve social, emotional, and academic outcomes for youth by establishing behavior expectations and procedures for encouraging positive behavior and discouraging problem behaviors.
- Universal Design for Learning (UDL): Universal Design for Learning, or UDL, is a set of principles for curriculum development that gives all students an equal opportunity to learn. It provides a blueprint for creating flexible instruction that can be customized to meet individual needs.

Describe whether and how the County plans to apply grant funds to include services or programs for the target population that are provided by nongovernmental or community-based providers: (WIC 1995 (3) (F))

Service or programs provided by nongovernmental or community-based providers:

- College Program provider pending
- Hip Hop Congress
- Healthy Relationships
- Granite Wellness
- YES!
- KidsFirst
- Golden Sierra Employment Job Training Agency
- CASA
- AA
- Sierra Native Alliance
- Latino Leadership Council
- Animal Therapy
- Lighthouse

## Part 5: Facility Plan

Describe in detail each of the facilities that the County plans to use to house or confine the target population at varying levels of offense severity and treatment need, and improvements to accommodate long-term commitments. Facility information shall also include information on how the facilities will ensure the safety and protection of youth having different ages, genders, special needs, and other relevant characteristics. (WIC 1995 (4) )

Placer County will utilize their Juvenile Detention Facility to house our in-custody target population. Our facility will consider placement in one of four housing units based on the offense severity and treatment needs which will include the safety and protection of youth's different ages, gender and special needs.

One unit will be utilized as our library and career/education center where youth will have access to a variety of books and computers for their specific needs and goals.

**General population Unit:** Moderate to low-risk youth

- Two-tiered housing unit.
- Usable day-space that can be utilized for programming needs.
- Access to both an indoor sports court and outside field that can be utilized for LME

**Graduates and Career Tech Unit:** No youth housed here- programming only.

- Equipped with smart board learning technology and computer availability.

**Placer Youth Center Unit:** based on a Court Order to the program. The Court can order the target population into this program as a less restrictive option.

- Two-tiered housing unit.
- Usable day-space that can be utilized for programming needs.
- Access to both an indoor sports court and outside field that can be utilized for LME

**High Risk Unit (2 sides):** Will be split by a moveable partition that will effectively separate the two sides of unit and their respective classifications.

Right: SYTP- high risk

- Usable day-space that can be utilized for programming needs.
- Access to an indoor sports court to be utilized for LME

Left: General population- High risk offenders, high risk mental health, high behavioral needs, suicidal, and medical needs population; 707(b) based on their risk.

- Usable day-space that can be utilized for programming needs.
- Access to an indoor sports court to be utilized for LME



## **Part 6: Retaining the Target Population in the Juvenile Justice System**

Describe how the plan will incentivize or facilitate the retention of the target population within the jurisdiction and rehabilitative foundation of the juvenile justice system, in lieu of transfer to the adult criminal justice system: (WIC 1995 (5) )

The JDF and field supervision has many incentives built into their programming to assist youth in making positive choices to ensure they do not transfer to the adult criminal justice system.

### **JDF Incentives**

SYTP will utilize Positive Interventions Behavior and Support (PBIS) as an incentive based, behavior modification strategy. Youth will have the ability to earn points throughout the day. The level system is designed to encourage positive and appropriate behavior on a long-term schedule, and to provide positive reinforcement for good behavior on a tiered basis.

The JDF will also offer a less restrictive program, PYC. The program will utilize PBIS, as described above, and will also have the opportunity to earn the following incentives during each phase:

- Phase I: Extra Visitation with one outside meal
- Phase II: Extra Visitation with two outside meals, Off-Site Field Trip
- Phase III: Off-Site Field Trips and Day Passes
- Phase IV: Off-Site Field Trips and Home Passes

### **Field Supervision Incentives**

- Employment opportunities
- Gift card
- Changes to curfew
- Early Release from Juvenile Hall
- Early Termination of Secure Youth Track
- Access to Increased and Extended Furloughs
- Special Meal Incentives
- Reduced Drug Testing
- Decreased Probation Contact
- Verbal Affirmation

**Part 7: Regional Effort**

Describe any regional agreements or arrangements supported by the County's block grant allocation: (WIC 1995 (6) )

We do not currently have regional agreements or arrangements with other counties.

**Part 8: Data**

Describe how data will be collected on youth served by the block grant: (WIC 1995 (7) )

Data will be collected utilizing the Probation Department's Case Management System, which records information and events at the individual level. Demographic data is collected, including age, race, ethnicity, gender and probation status. The case management system also records case and court information, behavior and incident events, and rehabilitative programming enrollment and progress.

Describe outcome measures that will be utilized to determine the results of the programs and interventions supported by block grant funds: (WIC 1995 (7) )

Data will be reported utilizing the Probation Department's Case Management System, which reports information and events at the individual level, but can be thereafter compiled into an aggregate report.

(A) All data elements currently capture by JCPSS that are to be retained: The Case Management System automatically collects and compiles JCPSS required data points into required reports.

(B) Data and outcome measures needed to produce, at minimum, recidivism reports for youth organized by age, gender identity, race, ethnicity, and other demographic factors: The Case Management system captures youth demographics which can be organized into a report with new arrests and adjudication events after release to determine recidivism.

(C) Data and outcome measures needed to document caseload and placement changes due to the realignment of the state Division of Juvenile Justice to counties: The Case Management System records Placement start and end dates, location, and placement termination status, including successful completion, at the individual level.

(D) How the revised system will document the following:

(i) Subsequent referrals to the justice system for violations of probation and warrants: The Case Management System records the dates and types of known referrals, violations, and warrants through specific events, which can be combined with youth demographic information for individual or aggregate reporting.

(ii) The use of preadjudication and postadjudication detention, including length of stay: The Case Management System records each detention event at the individual level, including arrests and release dates, and the reason for detention. Total days can be calculated during the reporting process to determine length of stay at the individual and aggregate level.

(iii) The use of detention alternatives, such as electronic monitoring, house arrest, or home supervision: The Case Management System records the dates and types of alternative detention including Electronic Monitoring and Home Supervision through specific events, which can be combined with youth demographic information for reporting. Total days can be calculated during the reporting process to determine length of time on program and program completion at the individual level or aggregate level.

(iv) Dispositional placement outcomes by facility type, including length of stay in facilities. "Facility type" includes juvenile halls, group homes, foster care, county camp or ranch, and local facilities developed as an alternative to Division of Juvenile Justice facilities: The Case Management System records the dates and types of dispositions, including facility or placement type, which can be combined with youth demographic information for reporting.