

JUVENILE JUSTICE REALIGNMENT BLOCK GRANT ANNUAL PLAN

MAIN CONTACT FOR PLAN

Date: May 1, 2023

County Name: Tuolumne

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BACKGROUND AND INSTRUCTIONS:

Welfare & Institutions Code Section(s) 1990-1995 establish the Juvenile Justice Realignment Block Grant program for the purpose of providing county-based care, custody, and supervision of youth who are realigned from the state Division of Juvenile Justice or who would otherwise be eligible for commitment to the Division of Juvenile Justice prior to its closure. The statue language can be found here.

To be eligible for funding allocations associated with this grant program, counties shall create a subcommittee of the multiagency juvenile justice coordinating council to develop a plan (WIC 1995 (a)) describing the facilities, programs, placements, services, supervision, and reentry strategies that are needed to provide appropriate rehabilitative services for realigned youth.

County plans are to be submitted and revised in accordance with WIC 1995, and may be posted, as submitted, to the Office of Youth and Community Restoration website. There are eight sections to the plan:

Part 1: Subcommittee Composition

Part 2: Target Population

Part 3: Programs and Services

Part 4: Juvenile Justice Realignment Block Grant Funds

Part 5: Facility Plan

Part 6: Retaining the Target Population in the Juvenile Justice System

Part 7: Regional Efforts

Part 8: Data

PART 1: SUBCOMMITTEE COMPOSITION (WIC 1995 (B))

List the subcommittee members, agency affiliation where applicable, and contact information:

| Agency | Name and Title | Email | Phone Number | |
|--|--------------------------------|-----------------------------|--------------|--|
| Chief Probation Officer (Chair) | Dan Hawks | DHawks@co.tuolumne.ca.us | 209-533-7537 | |
| District Attorney's Office Representative | Kate Christie | KChristie@co.tuolumne.ca.us | 209-588-5465 | |
| Public Defender's Office Representative | Scott Gross | SGross@co.tuolumne.ca.us | 209-536-6370 | |
| Department of Social Services Representative | Rebecca Espino | REspino@co.tuolumne.ca.us | 209-533-5746 | |
| Department of Mental Health | Tami Mariscal | TMariscal@co.tuolumne.ca.us | 209-236-6245 | |
| Office of Education Representative | Colleen Whitlock | CWhitlock@tcsos.us | 209-536-2075 | |
| Court Representative | Honorable Judge Laura Krieg | lkrieg@tuolumne.corts.ca.us | 209-533-5563 | |
| Community Member | JoLynn Miller | jlmiller@ucanr.edu | 209-536-5686 | |
| Community Member | Susanne Vyhmeister | susannekv@me.com | 909-633-7177 | |
| Community Member | Cathy Parker | parkerca@ah.org | 209-536-5022 | |
| Additional Subcommittee Participants | | | | |
| Tuolumne County Sheriff's Department | Sheriff Bill Pooley | BPooley@co.tuolumne.ca.us | 209-533-5855 | |
| Tuolumne County Sheriff's Department | Undersheriff Neil Evans | NEvans@co.tuolumne.ca.us | 209-533-5855 | |
| Sonora Police Department | Turu Vanderwiel | tvanderweil@sonorapd.com | 209-532-8141 | |
| Tuolumne County Board of Supervisors | Anaiah Kirk | AKirk@co.tuolumne.ca.us | 209-533-5525 | |
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| Tuolumne County Probation | Kevin Parr | KParr@co.tuolumne.ca.us | 209-536-6710 | |
| Tuolumne County Social Services | Michelle Clark | MClark@co.tuolumne.ca.us | 209-533-5774 | |

| Tuolumne County Public Defender | Dana Gross | DGross@co.tuolumne.ca.us | 209-533-6370 |
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PART 2: TARGET POPULATION (WELF. & INST. CODE §1995(C)(1))

Briefly describe the County's realignment target population supported by the block grant.

The "target population" is defined as "youth who were eligible for commitment to the Division of Juvenile Justice prior to its closure and shall further be defined as persons who are adjudicated to be a ward of the juvenile court based on an offense described in subdivision (b) of Section 707 or on offense described in Section 290.008 of the Penal Code." (WIC 1990(b))

Tuolumne County is a small rural community located in the Sierra Nevada foothills with a population of approximately 55,810 (U.S. Census Bureau, 2021). The youth population under the age of 18 is estimated to be 9,487 (17% of total County population).

In 2017, the County opened the Mother Lode Regional Juvenile Detention Facility which provides services to Tuolumne County youth as well as youth from neighboring small counties. The vision of the project was to serve youth locally and provide treatment services consistent with the unique needs of rural youth.

Unlike larger jurisdictions, the Mother Lode Regional Juvenile Detention Facility (MLRJDF) provides an array of services to all youth, regardless of their Probation or Court status. Youth do not have to be serving a post-dispositional Court commitment to benefit from the variety of services offered. We believe all youth should receive the highest level of services regardless of their offense history, length of stay or status. As such, this report will outline all programming and services provided at the facility, while specifying differences in service delivery to the target population as defined in this report.



"The MLRJDF is to be commended for an exceptional, quality program. This is a model of best practices for juvenile justice and addresses the multiple traumas suffered by youths who are detained. Tuolumne County is commended for finally meeting the longstanding need to have these services in the county."

Grand Jury Report – June 2022

Historically, Tuolumne County has not a been consistent user of the Department of Juvenile Justice (DJJ) for placement of youth. Since the opening the Mother Lode Regional Juvenile Detention Facility, the County has not committed a youth to DJJ. Youth meeting the aforementioned definition of target population have been served locally. In recognition that some youth will require a longer commitment than what MRLDJF could provide as a traditional detention facility, the County worked closely with the local Juvenile Justice Coordinating Council Subcommittee to plan for the needs of the realigned population.

In April 2023, Tuolumne County submitted a plan to the Board of State and Community Corrections (BSCC) to dedicate two (2) existing detention beds for youth requiring a Secure Youth Treatment Facility (SYTF)

Program. The Summit Program will serve high risk/high needs male youth, age 14 to 20, adjudicated by the Juvenile Court with serious and/or violent offenses in which the Court finds a less restrictive alternative placement is not suitable to meet the treatment and supervision needs of the minor. Completion of comprehensive assessments will be done to determine suitability to the program. The program will target youth with the following needs: impulse control, pro-social coping skills, educational and vocational skills, underlying mental health and substance use disorders stemming from early trauma exposure, and youth who sexually offend and are found unsuitable for residential treatment programs.

The Summit Program will be located within the Mother Lode Regional Juvenile Detention Facility, however will have distinct programming elements designed to target older youth. Such programs will target areas of independent living and vocational/career technical education. Youth committed to the Summit Program will still be provided all the therapeutic programming and educational services offered to all youth at MLRJDF.

The County recognizes that some youth may not be appropriate for the Summit Program, and therefore we continue to explore options to contract with other facilities. Every effort will be made to maintain youth locally to ensure they can continue to be close to their family members and other supportive adults from their community. Serving youth locally also assists in providing meaningful linkages to community resources as part of transition planning.

Demographics of identified target population, including anticipated numbers of youth served, disaggregated by factors including age, gender, race or ethnicity, and offense/offense history.

As noted, Tuolumne County has historically had low rates of youth committed to DJJ. The last commitment occurred in and involved sexual offending behaviors. Since the opening of the Mother Lode Regional Juvenile Detention Facility in 2017, there have been no Tuolumne County youth committed to DJJ. The County has provided care and custodial supervision to youth with DJJ eligible offenses and adjudications through existing local programming.

Data from the Board of State and Community Corrections (Quarterly Detentions Surveys) reveals the following breakdown of youth with DJJ eligible offenses served at MLRJDF since it's opening. It should be noted this data includes youth placed at the facility by our regional partners. Current County partners include Calaveras County Probation, Amador County Probation, Mariposa County Probation, Inyo and Mono County Probation.

BSCC Quarterly Detention Survey Data

| 2017 | 2018 | 2019 | 2020 | 2021 | 2022 |
|----------------|------------|------------|------------|------------|------------|
| Quarter 1: NA* | Quarter 1: |
| Quarter 2: 0 | Quarter 2: |
| Quarter 3: 0 | Quarter 3: |
| Quarter 4: 0 | Quarter 4: |
| Total: 0 | Total: | Total: | Total: 12 | Total: | Total: |

In addition to youth with eligible offenses, the facility has also provided for post-dispositional secure detention services to youth with adjudicated WIC 707(b) offenses. It should be noted that the youth referenced in data below were residents of Tuolumne County and exclude youth committed by our partner Counties.

Based on the small sample size, data deidentification practices were used to protect the confidentiality of the youth. Gender, age and ethnicity were not associated with the offense history above and instead can be found in the summary below:

| Total youth with adjudications: | Average age of youth at time of Petition filing: 14.6 | | |
|---------------------------------|---|--|--|
| Ethnicity: | Gender: | | |

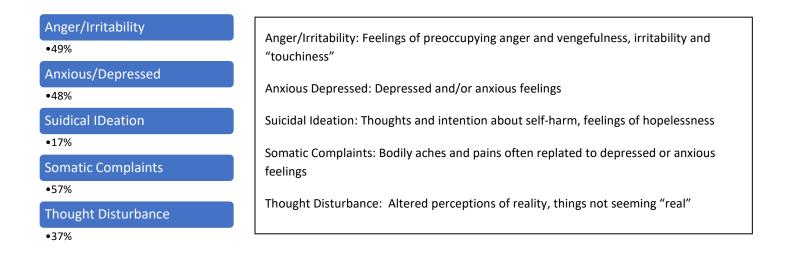
As previously mentioned, the facility provides programming services to all youth regardless of their offense type or Court status. The chart below reflects booking information for all youth served at the facility, including regional partner bookings, during calendar year 2022.

Total Bookings Gender Age at Booking Ethnicity

| 95 Total Bookings | Females: 29% (n=18) | 18 years: | 16% (n=15) | Caucasian: | 68% (n=43) |
|------------------------------------|---------------------|-----------|------------|------------------------|------------|
| 63 unduplicated youth | Males: 71% (n=45) | 17 years: | 20% (n=19) | Hispanic: | |
| Average length of stay = 70.5 days | | 16 years: | 26% (n=25) | Black | |
| 7 0.0 11,0 | | 15 years: | 17% (n=16) | American Indian | |
| | | 14 years: | | Asian/Pacific Islander | |
| | | 13 years: | | Not Reported: | |

Youth Characteristics:

Youth booked into the facility present with a variety of treatment needs. Upon booking, youth complete the Massachusetts Youth Screening Instrument (MAYSI-2) which screens for a number of mental health conditions including the following categories: Alcohol/Drug Use, Anger/Irritability, Depressed/Anxious, Somatic Complaints, Suicide Ideation, Thought Disturbance and Traumatic Experiences. All areas of the assessment, excluding traumatic experiences, have cutoff scores that determine which areas are in need of further assessment or immediate intervention. The image below shows the percentage of youth who presented with elevated areas on the MAYSI-2 assessment for calendar year 2022. A description of each category of the assessment tool is also provided.



Upon booking youth are also screened for the presence of Adverse Childhood Experiences (ACEs). The facility has been conducting universal ACE screenings since 2019. In calendar year 2022, the average ACE score for a youth booked into the facility was 4.5. Fifty-seven percent (57%) of youth booked reported four or more ACEs, while thirty-three percent (33%) of youth reported six or more ACEs. ACEs research identifies a strong link between early adversity and chronic disease, mental health challenges and reduced life expectancy. The data collected signifies the need to continue focusing on the provision of services to address toxic stress and improve overall outcomes for youth with trauma histories.

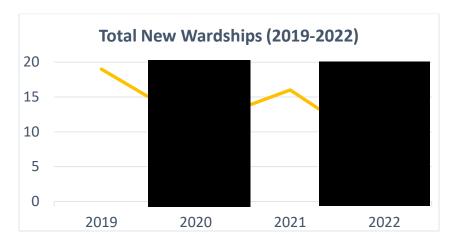
A further breakdown of 2022 ACEs data is below.

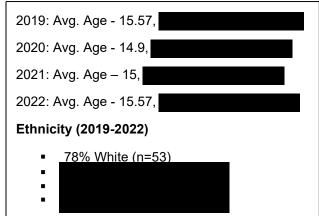
| ACE Category | Percentage of Youth Impacted |
|---|------------------------------|
| Parental divorce or separation | 74% |
| Household member incarcerated | 59% |
| Household member with mental illness | 40% |
| Domestic violence exposure | 43% |
| Often insulted or humiliated by parents | 49% |
| Sexual abuse | |
| Neglect | 29% |
| Physical abuse | 42% |
| Parental substance abuse | 55% |
| Often felt unloved and/or unsupported | 40% |

All of the above referenced data was used to inform the Department's decision about operating a SYTF program. Tuolumne County anticipates only a small number of youth being in need of this level of care, and believes the facility is well positioned to serve a specialized portion of the target population. We further anticipate there may be youth meeting the definition of the target population that cannot be served at the facility. The department continues to explore options for contracting with other facilities who may be better equipped to manage youth with characteristics that would negatively impact youth currently being served at the facility. Such exclusionary factors may include: history of extreme violence towards others, high level of criminal sophistication, advanced age, demonstrated non-compliance/engagement in services, and active gang involvement.

Describe the target population, disaggregated by programs, placements and/or facilities to which they have been referred.

A total of 53 youth have been placed on Probation during calendar year 2019, through calendar year 2022.





Of the 53 youth placed on probation during this time period, meet the definition of the target population based on their offense. A review of the youth with 707(b) adjudications revealed following programs, placements and/or facilities following the initial adjudication and Wardship finding:



2022

No 707(b) adjudications

Steps to Success Camp Program: The County has been operating the Steps to Success Program since March of 2020. To date, twenty (20) youth have been committed to the program. The program targets post-dispositional youth requiring lengthier commitments and/or who present with more intensive treatment needs. Camp youth participate in bi-monthly treatment team meetings to review the progress of their treatment plans and prepare for successful community re-entry. Camp youth are also eligible for off-site furlough activities that support their case plan goals. Typical furlough activities have included: attending classes at the local junior college, work attendance, participation in independent living activities, specialized mental health appointments and family visitation. Of the 707(b) adjudications since 2019, served a Camp commitment. It should be noted transitioned from Camp into foster care placement due to the severity of their treatment needs and family circumstances. The average age of youth committed to the Steps to Success Program to date is 15.8, and the average commitment time for the Camp program to date is 129.9 days

<u>Sexual Offending Treatment Services:</u> The County continues to partner with a Clinical Psychologist/California Sex Offender Management Board (CASOMB) certified treatment provider. This individual conducts comprehensive assessments and makes treatment recommendations to the Court for youth with sexual offending behaviors. This provider also travels to the facility once per week to provide individual treatment sessions to both in-custody and out-of-custody youth. The

| program utilizes a restorative justice | theme focusing on the deve | elopment of victim em | npathy, personal |
|--|-----------------------------|-----------------------|------------------|
| responsibility and behavioral anteced | dents to sexual acting out. | | with 707(b) |
| adjudications since 2019, | linked with this provider | and received targeted | d treatment to |
| address sexual offending behavior. | | | |

PART 3: PROGRAMS AND SERVICES (WELF. & INST. CODE §1995(C)(2))

Provide a description of the facilities, programs, placements, services and service providers, supervision, and other responses that will be provided to the target population:

As noted previously, all youth, regardless of the offense history or Court status are offered a multitude of programming services throughout their time in custody. A description of each program offered can be found below. It should be noted that while all youth are afforded the same access to treatment services, case plans are tailored to the unique treatment needs of the youth. The use of validated risk assessment tools, along with input from the youth, family and treatment team inform the creation of the youth's individual rehabilitation plan. The following services are currently being offered in the institution.

MLRJDF Programming

Aggression Replacement Training (ART):

A multimodal intervention design to alter the behavior of chronically aggressive youth. The program consists of skill streaming, designed to teach a broad curriculum of pro-social behavior; anger control training, a method for empowering youth to modify their own anger responsiveness; and moral reasoning training, to help motivate youth to employ the skills learned via the other components. ART has been deemed a preferred program in terms of Evidence Based Practices. Multiple studies have shown a reduction in recidivism rates, reduction in cost per youth within the criminal justice system and benefits to victims.

Interactive Journaling

Interactive Journaling is a cognitive behavioral intervention that targets specific risk areas. A variety of journals are available depending on the individual needs of the participant. Journals are completed with the help of Probation Department facilitators trained by the Change Company. Writing assignments are designed to have participants evaluate the interplay between their thinking, feelings, and actions, and engage in behavioral changes to live a more responsible life. Key underpinnings of the module are Motivational Intervention (MI) and the trans-theoretical model of change. The curriculum is applicable to both individual and group settings.

Boys Council:

A strengths-based group approach to promote boys' and young men's safe, strong and healthy passage through adolescent years while encouraging them to act safely, show respect in their relationships, develop a healthy perspective, see other's points of view, use good judgment, and identify individual goals.

Youth served are identified as medium to high risk offenders that have been or are at an elevated risk of removal from the home. Intervention efforts focus on promoting success for this population of youth, on probation, in their community, their schools and homes, by providing a variety of cognitive

behavioral interventions and engaging families and youth in the specialized, strengths-based services as detailed above.

Girls Circle:

A skills-building support circle where girls learn to examine thoughts, beliefs, and actions about friendships, trust, authority figures, mother/daughter relationships, sexuality, dating violence, HIV, drug abuse, stress, and goal-setting. The curriculum is built with the intention of exposing girls to important exploration regarding their choices and behaviors and examining ways to promote self-care and healthy decision-making.

Prison Education Project (PEP)

In February of 2023, the Prison Education Project (PEP) began offering virtual classes at the facility. PEP is the largest volunteer-based prison education program in the United State providing academic, life skills and career development for incarcerated populations. The program is offered by volunteer university students. For the Spring 2022 semester two courses were offered on a weekly basis at MLRJDF. Those courses included: Introduction to College Success and Introduction to Financial Literacy.

Life Skills Training:

This highly interactive, skills-based program is designed to promote positive health and personal development for youth. The curriculum uses developmentally appropriate, collaborative learning strategies to help youth achieve competency in skills that have been shown to prevent substance use, violence, and other health risk behaviors. The programs is ten weeks in duration and is facilitate by a Recovery Counselor from Tuolumne County Behavioral Health.

Mental Health Services:

Youth identified in need of mental health supports are referred to the Tuolumne County Behavioral Health Department for an initial assessment of service needs. The assessing clinician will then determine whether the youth meets medical necessity for services. If opened for services, a clinician travels to the facility and provides individual psychotherapy to youth. A large portion of youth meet diagnostic criteria for the Full Services Partnership (FSP) Program. This program serves as a wrap around service model for youth this significant mental health issues. Youth receiving FSP services meet regularly with a clinician, and also receive case management services by a mental health worker.

The department also coordinates with the Tuolumne County Superintendent of Schools who provides Educationally Related Mental Health Services (ERMHS) to eligible youth. Under the direction of the Special Education Local Plan Area (SELPA) Director, the ERMHS clinician provides supportive and direct services to students with behaviors that interfere with access to their Individualized Education Program (IEP) and works to keep students in the least restrictive educational setting. Typical ERMHS services include assessment, evaluation, goal setting and case management.

<u>12 Step Meetings:</u> Youth identified with Substance Use Disorders are offered participation in virtual Narcotics Anonymous (NA) and Alcohol Anonymous (AA) meetings. Native youth are linked to a tribal 12-step community that offers virtual meetings and periodic in-person sessions with the group's facilitator. The department is currently in discussions with a community member who is interested in providing in-person 12-step meetings at the facility.

Case Management:

Weekly Multi-Disciplinary Team meetings (MDT) occur every week at the facility. Team members include, but are not limited to: Probation Officers, Juvenile Correctional Officers, Teachers, School Psychologists, Social Workers, Mental Health Clinicians and Nursing staff. Youth and their parents can also participate in MDT meetings to review their progress in treatment and programs, and to identify any unmet needs they feel exist. Meetings are also used to develop institutional case plans for all youth detained for thirty days or more. These case plans assess the areas of emotional/behavioral health, cognitive development & functioning, social development & functioning, physical health/disability, education, trauma & resiliency, family relationships, alcohol/drugs, prior & current offense history and adult relationships. The case plan identifies goals and objectives associated with the strength and needs in these areas.

PART 4: JUVENILE JUSTICE REALIGNMENT BLOCK GRANT FUNDS (WELF. & INST. CODE §1995(C)(3))

Describe how the County plans to apply grant funds to address the mental health, sex offender treatment, or related behavioral or trauma-based needs of the target population: (Welf. & Inst. Code §1995(c)(3)(A))

The Department has historically partnered with the Tuolumne County Behavioral Health Department to provide clinical services to justice involved youth. A clinician was embedded in the juvenile hall and provided both crisis on ongoing treatment services. This clinician also served youth as they transitioned back into their community by providing ongoing clinical support, family counseling, case management and linkages to community-based organizations and services. This position became vacant in July of 2021 and since that time, Tuolumne County Behavioral Health as been unable to fill the position. Mechanisms have been put in place to continue to provide clinical services, however the need continues to exceed that which is being provided.

In November 2022 the Department published a Request for Proposal (RFP) for counseling and therapy services for justice involved individuals. The goal of this RFP was to contract with private clinicians to provide treatment services to youth. This publishing was supported by the Behavioral Health Department as they continued to be unable to fill the vacant position. The RFP was further supported by our local Juvenile Justice Coordinating Council Subcommittee who have identified mental health and substance use disorder as the top two needs impacting justice involved youth. Unfortunately, no bids were received for the RFP.

In September of 2022, a modification was made to the job classifications of the Assistant Chief Probation Officer to allow for the provision of clinical supervision of mental health professionals. The Assistant Chief is uniquely qualified as a Licensed Clinical Social Worker. The Department has requested the addition of two mental health clinicians to the Probation cost centers that will in turn be supervised by the Assistant Chief. The Department believes embedding the positions will allow for the recruitment and retention of qualified practitioners interested specifically in forensic mental health.

Aside from focusing on acquiring psychotherapy services, the department has also been working to bring on additional non-clinical programming services. In October 2022, the County published another RFP for qualified individuals and/or agencies to submit proposals to provide intervention and

programming services to juveniles detained at the Mother Lode Regional Juvenile Detention Facility. The desired scope of services for this RFP were as follows:

Provide evidenced based programming services aligned with individualized assessment outcomes targeting criminogenic needs. Desired programming and interventions will include, but not be limited to: individual counseling and case management, Moral Reconation Therapy (MRT), Interactive Journaling, cognitive restructuring/skill building (development of healthy coping strategies that include the use of role-playing, skills development, coaching conversations, and skills application), trauma informed programming, substance abuse treatment, and restorative justice programming.

The Department received one proposal from GEO Reentry Services and are currently in contract negotiations with this vendor. This service would be partially funded by the Juvenile Justice Realignment Block Grant (JJRBG) and would prioritize the target population. The annual estimated cost of this service is \$194,400.00.

Describe how the County plans to apply grant funds to address support programs or services that promote healthy adolescent development for the target population: (Welf. & Inst. Code §1995(c)(3)(B))

The facility currently has a number of programs operating that aim to promote healthy adolescent development. Currently, a local non-profit advocacy group called Center for a Non-Violent Community (CNVC) provides one on one counseling and support for youth with histories of interpersonal violence and/or exploitation. They work to help youth establish healthy relationships and appropriate boundaries and gain a sense of self-empowerment.

Tuolumne County Behavioral Health is facilitating the Life Skills Training program referenced in Part 3 of this report. The Behavioral Health Department is also working to provide another group program titled "Tools for Success." This program will be open to all youth with open behavioral health cases and will focus on social skills, communication and listening skills, symptom management and healthy relationships. This program is expected to begin in May of 2022.

The Tuolumne County Superintendent of Schools offers the Smile Keepers Program to youth detained at the facility. The program provides preventative dental education, dental screenings, fluoride varnish applications and referrals for youth needing additional dental care.

All of the abovementioned services and programs are offered at no cost to the Department.

As mentioned previously, the County plans to contract with GEO Reentry Services to provide additional programming services to all youth served at the facility. GEO uses a Cognitive Behavioral Approach to programming which includes two core therapeutic milieus: Cognitive Theory which encourages individuals to change faulty thinking patterns and Social Learning Theory which focuses on the effects of specific actions, environments, and reinforcements on behavior. Interventions to be provided by GEO include facilitation of Moral Reconation Therapy (MRT), Anger Management groups, Cognitive Behavioral groups, substance abuse treatment, and other trauma informed, restorative justice related programming. The Department has contracted with GEO for similar services for adult realigned offenders to good effect since 2011.

Describe how the County plans to apply grant funds to address family engagement in programs for the target population: (Welf. & Inst. Code §1995(c)(3)(C))

The Department currently has a robust Multi-Disciplinary Team (MDT) process that incorporates family input and voice into treatment planning. Family members are invited to attend MDT meetings to hear about youth successes, accomplishments, and any presenting barriers to treatment. MDT core members include: Gold Ridge Education Staff (i.e. Lead Teacher, Transition Specialist, Special Education Teacher, School Psychologist, Educationally Related Mental Health Services Clinicians and School Principal), Probation staff (i.e. Division Manager, Supervising Deputy Probation Officer, Deputy Probation Officers and School Resource Officer), MLRJDF staff (Facility Superintendent, Supervising Juvenile Correctional Officer), and school based mental health clinicians.

Aside from the weekly MDT meetings, Probation Staff facilitate as needed Child and Family Team Meetings (CFT) which include various family and other adults the youth identify as supportive in nature. These meetings are typically facilitated for youth transitioning from the juvenile hall back to a community setting, for youth who report serious conflictual relationships at home, and for all placement youth.

The Probation Clinician, once filled, will serve as a critical linchpin to engage families of detained youth. This clinician will provide family counseling sessions to youth in need of such services and serve as the primary liaison between the youth and family for activities surrounding step-down programming and transition back to the community.

The facility will also continue to offer regular in-person quality visitation for all youth. Facility supervision staff work directly with families to schedule visitation at times that are most convenient to the families and often spend a considerable amount of time interfacing with family members during the course of arranging and facilitating visitation. Staff will provide updates on the youth's progress during these interactions.

Describe how the County plans to apply grant funds to address reentry, including planning and linkages to support employment, housing, and continuing education for the target population: (Welf. & Inst. Code §1995(c)(3)(D)

The Gold Ridge Education Center has a full time Transition Specialist/Instructional Aide embedded in the Juvenile Hall that provides transitional support services to all students pursuant to AB 2276. A Memorandum of Understanding (MOU) was established to outline how both the Probation Department and the County Office of Education will work together to meet the transitional planning needs of youth served at the Gold Ridge Education Center (GREC) located within the juvenile detention facility.

All youth booked into the facility meet with the Transition Specialist to immediately enroll in GREC. During that first meeting, a Transitional Plan for Youth Exiting Care is created. This plan identifies hopes and dreams for the future, fears and concerns about leaving, educational goals, financial aid, housing, health insurance, mental health/substance use, mentoring and community support. If needs are identified in these areas, the Transition Specialist will provide specific resources to address the need. This may include, but is not limited to: referrals to local employment supports (i.e. Mother Lode Job Training), sample resumes and cover letters, contact information for local Medi-Cal linkage, and

information on enrollment and other student services offered at Columbia Junior College, including on-campus student housing.

The Transition Specialist will continue to meet one on one with youth throughout their stay and will complete a variety of other assessments and activities. Some of these include the completion of the CASEY Life Skills assessment, Career Zone Exploration, Myers-Briggs Personality Indicator, and learning style questionnaire.

Re-entry planning is a core function of the MDT process. As youth approach their release date, MDT members, along with the youth and family discuss any discharge needs or areas of concern that exist. The team then works to identify a specific task list of what needs to occur and which team member will be responsible for ensuring the task is completed. It should be noted that once the contract with GEO re-entry services is in effect, GEO staff will become a core member of the MDT team and will be targeting re-entry as part of their service delivery model.

In recognition that the target population will require additional supports and services specifically in the area of employment and/or continuing education, the department has been working closely with several community entities to expand opportunities for Career Technical Education (CTE) coursework and pathways. Discussions between the Tuolumne County Superintendent of Schools Office (TCSOS) and Columbia Junior College (CJC) have resulted in several program ideas that are currently being explored. The Department plans to use funding from the Juvenile Facility Grant (AB 178) to redesign the facility's library to create room for a small computer and CTE lab. Additionally, the department is currently working with both TCSOS and CJC to apply for the Rising Scholars Grant to provide additional pathways for student success.

Describe how the County plans to apply grant funds to address evidence-based, promising, trauma- informed and culturally responsive programs or services for the target population: (Welf. & Inst. Code §1995(c)(3)(E))

The probation clinician provided numerous clinical interventions related to trauma exposure and healing. Such programs included:

- Trauma Focused Cognitive Behavioral Therapy (TF-CBT): Trauma-Focused Cognitive
 Behavioral Therapy (TF-CBT) is an evidence-based treatment for children and adolescents
 impacted by trauma and their parents or caregivers. Research shows that TF-CBT
 successfully resolves a broad array of emotional and behavioral difficulties associated with
 single, multiple and complex trauma experiences.
- Dialectical Behavioral Therapy (DBT) Group Treatment: DBT is a cognitive behavior treatment
 for complex treatment resistance disorders. Treatment includes four modules: mindfulness,
 distress tolerance, emotional regulation, and interpersonal effectiveness. Overall treatment
 goals center on improving psychosocial functioning and reducing harmful behaviors. Groups
 meet once per week for one hour. Treatment materials can be utilized in both individual and
 group settings.
- Seeking Safety: Seeking Safety is a cognitive behavioral treatment for individuals with cooccurring substance use disorders and trauma exposure. Twenty-five topics are included in
 the Seeking Safety treatment manual. Each topic focuses on the use of safe coping skills.
 Psycho-educational handouts are provided to participants and materials are related to youth's
 current situations through process of self-exploration, group discussion and completion of

homework assignments. Groups meet once a week for one hour. Treatment material can also be used for individual sessions.

- Matrix Model: The program includes four core components: individual family therapy, early
 recovery, relapse prevention, and family education. The value of participation in Twelve Step
 and other peer fellowships is reinforced throughout, and it also emphasizes the importance of
 social support, and accountability. And although the program can be completed in sixteen
 weeks, it can also be extended up to twelve months to support continuing care and aftercare.
- Eye Movement Rapid Desensitization and Reprocessing (EMDR): EMDR is an integrative
 psychotherapy that targets traumatic memories and the maladaptive behaviors that can result
 from trauma exposure. EMDR uses dual focused attention and alternative bilateral stimulation
 (visual, auditory and/or tactile) to target and process traumatic material. The approach
 simultaneously increases positive coping resources and integrates adaptive neural networks.

With the reallocation of the Clinician from Behavioral Health to Probation, the Department can ensure these services will once again be provided with regularity and fidelity.

The department is also working to develop a Multi-Sensory De-escalation Room (MSDR) at the facility. The goal of this program is to provide an additional therapeutic intervention for youth with significant trauma histories. As referenced in Part 2 of this report, many youth report significant Adverse Childhood Experiences at time of booking. Youth with trauma histories require a different programming approach and must allow them the ability to practice regulating their emotions when triggered by environmental stimuli. The goal for the MSDR is to provide youth an opportunity to calm their nervous system prior to reaching a behavioral outburst.

Describe whether and how the County plans to apply grant funds to include services or programs for the target population that are provided by nongovernmental or community-based providers: (Welf. & Inst. Code §1995(c)(3)(F))

Tuolumne County continues to rely heavily on the use of Community Based Organizations as well as volunteers to provide youth with a wide array of services. Below is a current listing of organizations and volunteer groups who provide services to all youth served at the Mother Lode Regional Juvenile Detention Center, along with a description of how they support the youth.

Infant Child Enrichment: Provides individualized parenting education and support to youth with children of their own. The Curriculum is based on the *Protective Factors* framework and includes topics such as managing stress, learning developmentally appropriate expectations, creating safe and secure home environments, establish empathetic and trusting relationships, and the impact of trauma exposure on parenting.

<u>Drum Circle:</u> A retired special education teacher/administrator comes to the facility on regular intervals and facilitates a drumming circle with the youth. Youth learn skills of focus, communication, and cooperation as they participate with their peers to remain in cadence and build upon the drumming skills they are learning each session. Many of the youth have reported the drumming helps them manage feelings of stress and anxiety and provide a healthy outlet for other challenging feelings. The instructor has provided one on one lessons for a subset of youth who report the drumming serves as a significant therapeutic intervention for them.





<u>Tuolumne Mi-Wuk Tribal Social Services:</u> The local band of Me-Wuk Indians continues to provide support for system involved Native youth. The tribal Social Worker provides ongoing support and visits to detained Native youth and attends all Court hearings. Tribal social services is also facilitating the Red Road to Wellbriety curriculum to youth is self-identify as Native. This curriculum addresses substance use disorder through a tribal lens.

<u>Center for a Non-Violent Community CNVC</u>: CNVC is a local non-profit advocacy that provides one on one counseling and support for youth with histories of interpersonal violence and/or exploitation. They work to help youth establish healthy relationships and appropriate boundaries and gain a sense of self-empowerment. For youth identified as at risk of Commercial Sexual Exploitation of Child (CSEC), referrals are immediately made to CNVC. Advocates then travel to the facility to meet individual with youth.

<u>Mother Lode Job Training:</u> The department partners with Mother Lode Job Training (MLJT) who provides numerous services for youth interested in workforce preparation and job obtainment. Referred youth are able to meet one on one with a MLJT staff member to work with youth to develop interview skills, building and create resumes and can complete various assessments to identify appropriate career paths for youth.

<u>4-H University of California Cooperative Extension:</u> Provides weekly experiential learning to detained youth on a variety of agricultural and natural resource topics. Some of these learning activities have included: soils, fertilization, seeding, planting, embryology, watering, harvesting and cooking. The detention facility maintains an on-site garden with the support from the 4-H program and its volunteers. There are plans to add a meditation and pollinator garden to an undeveloped area of the facility to provide a calm and restful space for the youth which would simultaneously support the existing garden by creating a nurturing environment for pollinating insects.











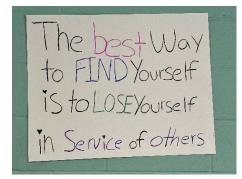
<u>Hidden Treasures of the Sierra:</u> The 501(c)(3) non-profit organization is an interdenominational, evangelical, Christ-centered, mentoring ministry that provides direct services to youth in the juvenile hall. This group, compromised of numerous volunteers, provides weekly religious services groups and activities for detained youth.



Quilt Ladies: A group of volunteer quilters from the Tuolumne Community Baptist Church make handmade quilts for the youth served at the facility. Youth are able to keep one personally selected quilt in their room for the duration of their stay and bring this gift home with them upon their release. These unique quilts serve as a symbol of support and motivation and show our youth the community has not given up on them, but instead stand with them through their rehabilitative process.

<u>Individual Volunteers:</u> The facility utilizes community volunteers to provide additional supportive services for the youth. Current volunteer activities include, but are not limited to: guest speakers, classroom tutoring, induvial mentoring, library services, fitness/wellness programming, and pastoral support.







Photos left to right: Library volunteers, youth thank you sign for volunteer appreciation event, volunteer tai chi instructor

Provide a detailed facility plan indicating which facilities will be used to house or confine the target population at varying levels of offense severity and treatment need, and improvements to accommodate long-term commitments. Facility information shall also include information on how the facilities will ensure the safety and protection of youth having different ages, genders, special needs, and other relevant characteristics.

Given the structural design of the facility the target population will be housed on the same unit as non-secure track youth. The facility has a total of twenty-five (25) detention/commitment beds and five (5) Camp beds. As noted, two of the detention beds have been reallocated for the SYTF program. The Summit program will serve youth with similar demographics and treatment needs as the population the facility has been serving since becoming operational. The completion of comprehensive assessments and evaluations will aim to identify exclusionary factors that would make a youth a poor fit for the program. Such factors may include: history of extreme violence towards others, high level of criminal sophistication, advanced age, demonstrated non-compliance/engagement in services, active gang involvement, etc. Programming may be conducted separately based on individualized treatment needs, age, classification and other assessment outcomes. However, because the Summit program's current maximum capacity is two, it will likely be in the best interest of the target population to program with other same age youth rather than be segregated from one another.

As the facility is comprised of only one pod, staff have developed effective methods of supervising and managing youth with different needs in one setting. While all youth typically program together, there are times when additional safety measures are put in place to ensure youth have increased supervision and staff support. The facility utilizes the Positive Behavior Intervention and Supports (PBIS) model throughout the facility. Youth receive daily feedback about their behaviors which coincides with a Check-In Check-Out (CICO) point system. If a youth is struggling to maintain positive and pro-social behavior in the facility, behavioral modification plans are created with the youth that outline interventions to manage problematic behaviors. These plans provide clear guidelines to youth about behavioral expectations and are periodically reviewed by facility supervisors to ensure the plan is meeting the intended goals. Should youth engage in a major rule violations (i.e. fighting other youth, physically assaulting staff, attempting to escape, etc.). they can be placed on a High Security Risk (HSR) classification would provides additional safety and supervision safeguards. These same practices would be applied to youth ordered into the SYTF program.

Construction of the facility was completed in 2016, so many of its features are modern in nature and conducive to long term stays. The main living unit is an open floor plan with access to library services, indoor recreation activities, microwave/snacks, etc. Great efforts are made to create as much as a homelike environment while still ensuring the safety and security of the facility and all it's occupants.





Photos of living unit and indoor recreation area.

The department applied for and was awarded a Youth and Programs Facilities Grant in the amount of \$167,529.00. This funding has been designated to making infrastructure improvements to various security features of the facility. The department was also awarded \$1,072,399.00 through the Juvenile Facility Grant (AB 178). This funding will be used for additional security enhancements and the expansion of vocational and CTE programming. Additionally, funding will be used to develop a meditation and pollinator garden and will assist in the completion of the Multi-Sensory De-escalation room.

PART 6: RETAINING THE TARGET POPULATION IN THE JUVENILE JUSTICE SYSTEM (WELF & INST. CODE § 1995(C)(5))

Describe how the plan will incentivize or facilitate the retention of the target population within the jurisdiction and rehabilitative foundation of the juvenile justice system, in lieu of transfer to the adult criminal justice system:

The decision to pursue transfers to adult court lies within the jurisdiction of the Tuolumne County District Attorney's Office. The ultimate decision to transfer a minor's case to the adult system rests with the juvenile court. The Probation Department will continue its ongoing efforts to provide the least restrictive setting for youth entering the juvenile justice system. The department will continue to utilize validated assessment tools throughout all stages of the judicial process and will build and expand existing local services and supervision strategies as part of the continuous quality improvement process.

PART 7: REGIONAL EFFORT (WELF & INST. CODE § 1995(C)(6))

Describe any regional agreements or arrangements supported by the County's block grant allocation:

Tuolumne County has not entered into agreements with any host counties offering SYTF beds. The County remain active in the Consortium and will utilize this resource to secure formal contracts with appropriate facilities should the need arise.

PART 8: DATA (WELF & INST. CODE § 1995(C)(7))

Describe how data will be collected on youth served by the block grant:

Tuolumne County plans on utilizing existing data collection and evaluation systems to collect necessary statistical information. These data sources may include: Juvenile Court and Probation Statistical System (JCPSS), Board of State and Community Corrections (BSCC) Juvenile Detention Surveys, Chief Probation Officers of California (CPOC) surveys, Youth offender Block Grant/Juvenile Justice Crime Prevention Act (YOBG/JJCPA) report, Tuolumne County's Children's System of Care (CSOC) data dashboard, and various other internal department tracking systems.

Tuolumne County will specifically track the following for any youth placed in an SYTF:

- General demographics (age, gender, ethnicity, etc.)
- Risk levels based on completion of validated assessments
- Custody and placement history (days spent in juvenile hall, foster care, STRTP, SYTF, etc.)
- Mental Health Diagnosis and treatment recommendations
- Psychotropic medication use
- Offense history & Prior attempts at Diversion
- Frequency and Outcomes of Treatment Team & Child Family Team Meetings
- Adverse Childhood Experiences (ACE) Score(s)
- Educational Progress (credits earned/needed, graduation status, grades, special education status if applicable, etc.)
- Program participation and completion rates
- Behavioral Data Tracking

Describe outcome measures that will be utilized to measure or determine the results of programs and interventions supported by block grant funds:

As SB 823 implementation progresses, Tuolumne County will continue to evaluate what type of outcome measures are appropriate to identify and monitor specifically for Tuolumne County youth placed in Secure Youth Treatment Facilities. Areas of interest include, but will not be limited to the following:

- Program completion rates
- Length of commitment
- Risk Reduction
- Recidivism
- High School completion
- Employment readiness/rates
- College enrollments

Data analysis comparing outcome measures between youth committed to out of county to secure track programs and youth served locally will be explored.