



*Bright
Futures*

About Bright Futures & ConXion

Sobre El Programa

***Bright Futures* is one of the youth programs that ConXion to Community has to offer here in San Jose.**

Bright Futures es uno de los programa que ofrecemos juveniles que ConXion tiene para ofrecer aquí en San José

Our Youth Life Skills Coaches provide academic and essential life skill support to our students. Once a week we have coaching sessions.

Nuestros entrenadores de habilidades brindan apoyo académico y de habilidades esenciales. Una vez a la semana tenemos sesiones de coaching

Our 3 locations are at : Yerba Buena High School, Overfelt High School and Bridges Academy Middle School

Nuestras 3 Ubicaciones: Yerba Buena High School, Overfelt High School, y Bridges Academy Middle School

**Center Hours/ Horas de escuela:
MONDAY-THURSDAY
(after-school) 2:00PM-5:30PM**



Alcanzar, Step Ups & Step Aheads (Pasos Arriba y Pasos Adelante)

- 8th graders- Alcanzar
 - Focuses on building up skills that will create an easy transition into high school
 - Se centra en desarrollar habilidades que faciliten la transición al secundario.

- 9th & 10th Graders- Step Ups

- New & Incoming students into the program.

Estudiantes nuevos y entrantes al programa.

- Required to pair with a Bright Futures Mentor.

Requeridos a emparejar con un mentor

- 11th & 12th Graders- Step Aheads

- Students who have been in the program longer than 2 years.

Estudiantes que han estado en el programa más de 2 años.

- Focused leadership development.

Enfocados en su desarrollo de liderazgo.



Three Goals

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Youth come up with three achievable goals to work on through their time in our program. One goal from each category is encouraged.

Los jóvenes proponen tres objetivos alcanzables en los que trabajan durante su tiempo en nuestro programa. Hacen una meta por cada categoría.

EDUCATIONAL/EDUCATIVO

PERSONAL/PERSONAL

FAMILY/FAMILIA



Mentors & Mentees

During the program, youth are matched with a mentor they work with throughout the year.

A mentor's commitment is to check in with their mentees **AT LEAST** once a week for one hour.

A mentor will help keep a youth accountable in reaching their three goals.

Durante el programa, a los jóvenes se les asigna un mentor con el que trabajan durante todo el año.

*El compromiso de un mentor es comunicarse con sus aprendices **AL MENOS** una vez a la semana por un hora.*

Un mentor ayudará a que el joven sea responsable de alcanzar sus tres metas.



Family Check Ins

Chequeos de Familia

It is important for us to maintain connections with not only the students but also the parents. We will keep you updated on any events coming up or volunteer opportunities that may come up for the youth.

Es importante para nosotros mantener conexiones no solo con los estudiantes también con ustedes, los padres. Los mantendremos informados sobre cualquier eventos próximos o oportunidades que los jóvenes pueden participar en.



Workshops

Weekly SPARK Workshops

- Conducted weekly using the SPARK curriculum
- Focused on cultivating resilient, connected, and thriving youth

About SPARK Mentoring Programs

- Evidence-based programs for K-12 students
- Promote emotional well-being and resilience
- Strengthen emotional regulation skills
- Build executive functioning skills for everyday success

Impact

- Supports youth in navigating life with greater confidence and ease



Success Story #1

This youth entered our program facing significant risk factors, including frequent conflict, emotional volatility, and a pattern of aggressive responses that often escalated situations. They were highly guarded, quick to perceive disrespect, and ready to engage in confrontation. At the same time, they remained deeply isolated—unwilling to open up in one-on-one settings and disengaged from group interaction.

Through consistent support, patience, and a commitment to building trust, our staff created a safe and steady environment. Over time, the youth began to shift. They developed greater self-awareness, learning to pause and reflect rather than react, and to understand how their actions impacted others.

As these skills strengthened, the youth became more engaged with peers, forming positive relationships and actively participating in the group. They moved from isolation to connection, ultimately becoming a trusted presence within the program.

Today, this youth serves as a source of support for others—especially new participants who may be facing similar challenges.



Success Story #2

Youth entered our program facing significant risk factors, including association with gang-involved peers and substance use environments. These influences contributed to academic struggles and repeated negative interactions with authority figures, where the youth was often singled out and misunderstood. Initially, the youth was reserved, disengaged, and reluctant to build connections with peers.

Through consistent one-on-one support and a commitment to showing up across academic, personal, and family challenges, our staff built trust over time with the youth. As that trust developed, the youth began to open up, gaining confidence and learning to advocate for themselves in more positive and constructive ways.

As their self-confidence grew, the youth became more engaged within the group, forming meaningful peer relationships and participating more actively. They began encouraging others to join the program and openly shared their own growth as a source of motivation.

Today, this youth is a strong self-advocate and a positive influence among peers—re-engaged in school, connected to their community, and demonstrating the impact of consistent mentorship and support for youth facing high-risk circumstances.



Success Story #3

Youth entered our program socially isolated and at risk of seeking connection in harmful environments. They struggled with confidence, often describing personal circumstances as barriers that would limit their future. Initially, the youth was withdrawn, socially uncomfortable, and hesitant to form healthy peer relationships.

Through consistent encouragement, mentorship, and ongoing conversations focused on self-worth and possibility, our staff helped the youth reframe their perspective. Over time, they began to recognize that their circumstances did not define them and that they had the ability to shape their own path forward.

As their confidence grew, the youth became increasingly engaged and socially connected. They developed friendships across the group and emerged as a highly communicative and expressive participant. Notably, they also grew comfortable with vulnerability, encouraging peers to openly express their emotions and challenging harmful norms around emotional expression.

Today, this youth is an active, connected member of the program who models authenticity, emotional awareness, and positive peer engagement—demonstrating the impact of supportive relationships and consistent mentorship on youth facing social and environmental risks.



Success Story #4

Youth entered our program exhibiting high-risk behaviors, including aggression, emotional withdrawal, and a disregard for the impact of their actions on others. They frequently engaged in verbal conflict and showed little concern for consequences. Academically, the youth was struggling significantly and was not on track to graduate.

Through consistent one-on-one support, emotional intelligence workshops, and the presence of a safe, accepting community, our staff worked to build trust and accountability. Over time, the youth began to shift—developing greater emotional awareness and learning to communicate in more respectful and constructive ways.

As their growth continued, the youth became more mindful in their interactions, speaking with intention and even stepping in to support and defend peers when appropriate. They also began to take ownership of their education, actively seeking help, bringing in assignments, and engaging with both peers and staff for academic support.

Through sustained effort and support, the youth successfully graduated on time and demonstrated meaningful personal growth. Their journey reflects the impact of consistent mentorship, skill-building, and a supportive environment



Success Story #5

The participant had been experiencing significant family challenges, which led to a strained relationship with his sister and resulted in him moving in with his father. During our Life Skills Coaching sessions, we worked closely with the participant to explore healthy communication strategies and effective ways to rebuild trust within family relationships. Together, we discussed the importance of active listening, creating a safe space for honest conversations, and allowing both himself and his sister the opportunity to express their feelings openly.

With guidance and ongoing support, the participant took meaningful steps toward reconciliation. He initiated communication with his sister, engaged in productive discussions, and demonstrated a growing ability to manage emotions and resolve conflict. As their relationship improved, the participant made the empowered decision to move back in with his sister to continue nurturing their progress.

This positive outcome reflects the participant's dedication to personal growth and the effectiveness of the life skills supports provided. His commitment to rebuilding his family connection is a strong indicator of his continued success moving forward.

Client Quotes: "I like coming to the program its like a home away from home. I feel heard and seen with everyone, they're family."



Success Story #6

This youth entered our program without knowing anyone else in the school as he has just transferred into the school from another. He entered with antisocial behavior, struggling to talk to others and being rude to others without any warning or any regard.

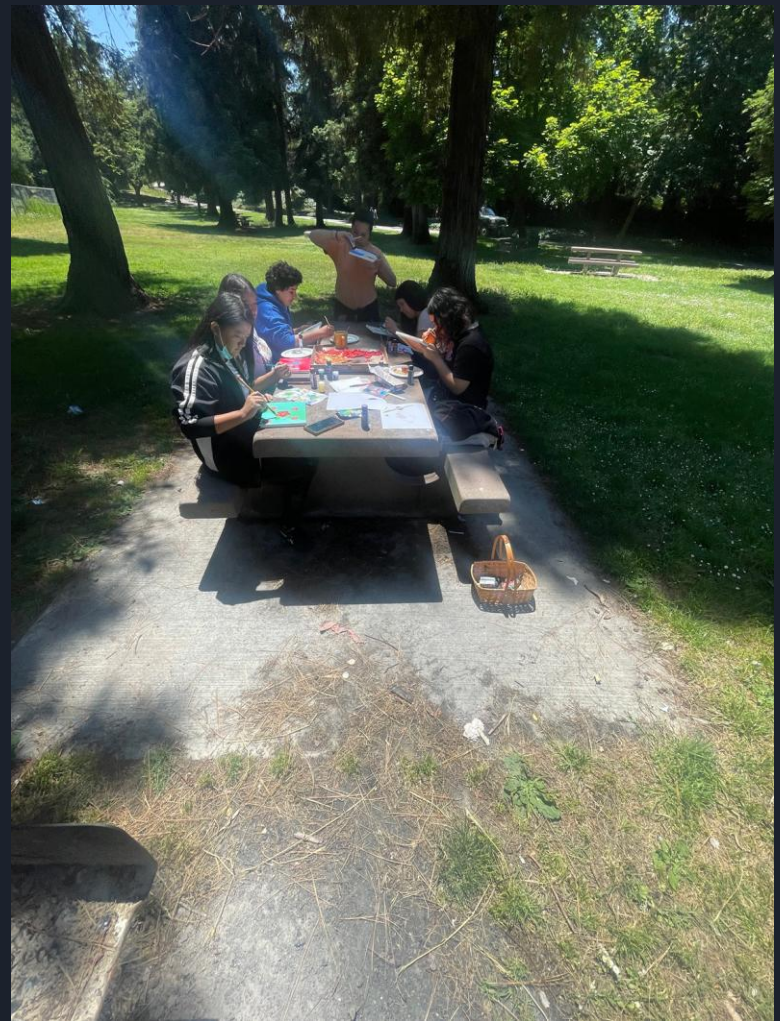
Through our constant one-on-one's with the youth, he managed to open up more to our staff and began to make friends within his classes. He also began to be more friendly and more respectful to those around him.

He also joined the schools flag football team and has chose to focus on that and refuses to fall into other things such as drugs, gang affiliation. The flag football team also allows him to stay focused on his school work as the team requires a certain GPA in order to participate.

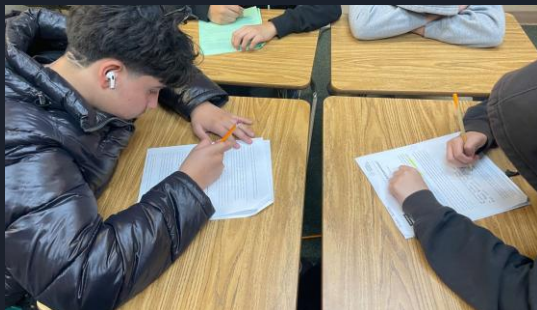






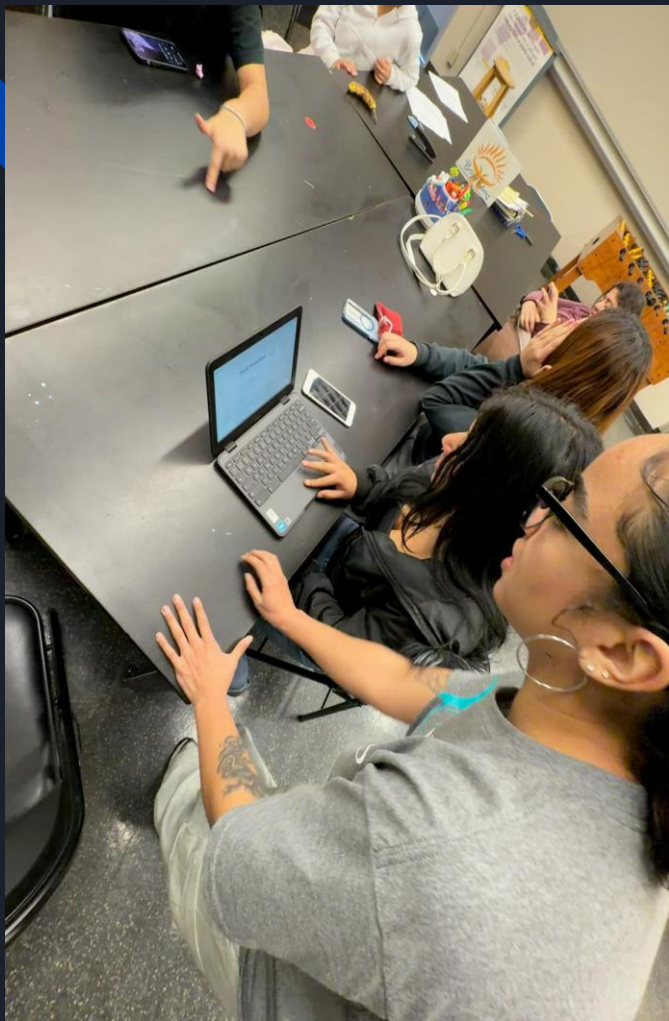














Thank you!

Muchas Gracias!